



Monday 11/11/2019	Tuesday 11/12/2019	Wednesday 11/13/2019	Thursday 11/14/2019	Friday 11/15/2019
<p><b>Veterans Day</b></p> <p>Geigle's Class 8:15am - 8:45am</p> <p><b>Basketball</b></p> <p>They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. We will start to play 2 on 2 games to get them to play as a team. Work on shooting and passing</p> <p><b>Standards</b></p> <p><b>S5.E4.3</b> Describes the positive social interactions that come when engaged with others in physical activity.</p> <p><b>S5.E2.3</b> Discusses the challenge that comes from learning a new physical activity.</p> <p><b>S4.E6.3</b> Works independently and safely in physical activity settings.</p> <p><b>S4.E5.3</b> Recognizes the role of rules and etiquette in physical activity with peers.</p> <p><b>S4.E4.3b</b> Praises others for their success in movement performance.</p> <p><b>S4.E4.3a</b> Works cooperatively with others.</p> <p><b>S4.E3.3</b> Accepts and implements specific corrective feedback from the teacher.</p> <p><b>S4.E2.3</b> Works</p>	<p>Wolff's and Lambert's Class 8:15am - 8:45am</p> <p><b>Basketball</b></p> <p>Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.</p> <p><b>Standards</b></p> <p><b>PE.4</b> The physically literate individual exhibits responsible personal and social behavior that respects self and others.</p> <p><b>PE.5</b> The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.</p> <p><b>S1.E17.2a</b> Dribbles in self-space with preferred hand demonstrating a mature pattern.</p> <p><b>S1.E17.2b</b> Dribbles using the preferred hand while walking in general space.</p> <p><b>S1.E16.2</b> Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.</p> <p><b>S3.E2.2</b> Actively engages in physical education class in response to instruction and practice.</p> <p><b>S3.E3.2a</b> Uses own body as resistance (ex. holds body in</p>	<p>Lerdal's Class 8:15am - 8:45am</p> <p><b>Basketball</b></p> <p>Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.</p> <p><b>Standards</b></p> <p><b>PE.4</b> The physically literate individual exhibits responsible personal and social behavior that respects self and others.</p> <p><b>PE.5</b> The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.</p> <p><b>S1.E17.2a</b> Dribbles in self-space with preferred hand demonstrating a mature pattern.</p> <p><b>S1.E17.2b</b> Dribbles using the preferred hand while walking in general space.</p> <p><b>S1.E16.2</b> Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.</p> <p><b>S3.E2.2</b> Actively engages in physical education class in response to instruction and practice.</p> <p><b>S3.E3.2a</b> Uses own body as resistance (ex. holds body in plank position, animal</p>	<p>Lambert's Class 8:15am - 8:45am</p> <p><b>Basketball</b></p> <p>Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.</p> <p><b>Standards</b></p> <p><b>PE.4</b> The physically literate individual exhibits responsible personal and social behavior that respects self and others.</p> <p><b>PE.5</b> The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.</p> <p><b>S1.E17.2a</b> Dribbles in self-space with preferred hand demonstrating a mature pattern.</p> <p><b>S1.E17.2b</b> Dribbles using the preferred hand while walking in general space.</p> <p><b>S1.E16.2</b> Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.</p> <p><b>S3.E2.2</b> Actively engages in physical education class in response to instruction and practice.</p> <p><b>S3.E3.2a</b> Uses own body as resistance (ex. holds body in plank position, animal</p>	<p>Lerdal's Class 8:15am - 8:45am</p> <p><b>Basketball</b></p> <p>Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.</p> <p><b>Standards</b></p> <p><b>PE.4</b> The physically literate individual exhibits responsible personal and social behavior that respects self and others.</p> <p><b>PE.5</b> The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.</p> <p><b>S1.E17.2a</b> Dribbles in self-space with preferred hand demonstrating a mature pattern.</p> <p><b>S1.E17.2b</b> Dribbles using the preferred hand while walking in general space.</p> <p><b>S1.E16.2</b> Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.</p> <p><b>S3.E2.2</b> Actively engages in physical education class in response to instruction and practice.</p> <p><b>S3.E3.2a</b> Uses own body as resistance (ex. holds body in plank position, animal</p>



independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E14.4b** Throws overhand to a partner or at a target with accuracy at a reasonable distance.

plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good

walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

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**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

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**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.



**S1.E15.4** Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

**S1.E16.4** Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S2.E5.4c** Recognizes the types of kicks needed for different games and sports situations.

**S4.E1.4** Exhibits responsible behavior in independent group situations.

**S4.E2.4** Reflects on personal social behavior in physical activity.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4a** Praises the movement performance of others in both more and less skilled.

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

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**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

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**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a



**S4.E5.4** Exhibits etiquette and adherence to rules in a variety of physical activities.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S5.E1.4** Examines the health benefits of participating in physical activity.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for

spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**S1.E17.1** Dribbles continuously in self-space using the preferred hand.

**S3.E2.1** Actively engages in physical education class.

**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately.

**S4.E2.1** Follows the rules and parameters of the learning environment.

**S4.E3.1** Responds appropriately to general feedback from the teacher.

**S4.E5.1** Exhibits the established protocols for class activities.

**S1.E17.K** Dribbles a ball with one hand, attempting the second contact.

**S1.E16.Kb** Catches a large ball tossed by a skilled thrower.

**S3.E3.K** Recognizes that when you move fast, your heart beats faster and you breathe faster.

**S3.E6.K** Recognizes that food provides energy for physical activity.

**S4.E2.K** Acknowledges responsibility for behavior when prompted.

**S4.E3.K** Follows

movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**S1.E17.1** Dribbles continuously in self-space using the preferred hand.

**S3.E2.1** Actively engages in physical education class.

**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately.

**S4.E2.1** Follows the rules and parameters of the learning environment.

**S4.E3.1** Responds appropriately to general feedback from the teacher.

**S4.E5.1** Exhibits the established protocols for class activities.

**Whipples Class**  
8:45am - 9:15am

**Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**S1.E17.1** Dribbles continuously in self-space using the preferred hand.

**S3.E2.1** Actively engages in physical education class.

**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately.

**S4.E2.1** Follows the rules and parameters of the learning environment.

**S4.E3.1** Responds appropriately to general feedback from the teacher.

**S4.E5.1** Exhibits the established protocols for class activities.

**S1.E17.K** Dribbles a ball with one hand, attempting the second contact.

**S1.E16.Kb** Catches a large ball tossed by a skilled thrower.

**S3.E3.K** Recognizes that when you move fast, your heart beats faster and you breathe faster.

**S3.E6.K** Recognizes that food provides energy for physical activity.

**S4.E2.K** Acknowledges responsibility for behavior when prompted.

**S4.E3.K** Follows instruction/directions

movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**S1.E17.1** Dribbles continuously in self-space using the preferred hand.

**S3.E2.1** Actively engages in physical education class.

**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately.

**S4.E2.1** Follows the rules and parameters of the learning environment.

**S4.E3.1** Responds appropriately to general feedback from the teacher.

**S4.E5.1** Exhibits the established protocols for class activities.

**Geigle's Class**  
8:45am - 9:15am

**Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. We will start to play 2 on 2 games to get them to play as a team. Work on shooting and passing

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged



health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

Whipples Class  
8:45am - 9:15am

**Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical

instruction/directions when prompted.

**S5.E3.Ka** Identifies physical activities that are enjoyable.

**S5.E3.Kb** Discusses the enjoyment of playing with friends.

Swenson's Class  
8:45am - 9:15am

**Basketball**

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E16.2** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

**S3.E2.2** Actively engages in physical education class in

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates, with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills

when prompted.

**S5.E3.Ka** Identifies physical activities that are enjoyable.

**S5.E3.Kb** Discusses the enjoyment of playing with friends.

Hoekman's Class  
8:45am - 9:15am

**Basketball**

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E16.2** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

**S3.E2.2** Actively engages in physical education class in response to

with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates, with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.



activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the

response to instruction and practice.

**S3.E3.2a** Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for

specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves

instruction and practice.

**S3.E3.2a** Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E14.4b** Throws overhand to a partner or at a target with accuracy at a reasonable distance.

**S1.E15.4** Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

**S1.E16.4** Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and



ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior

enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing

physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S3.E1.3b** Identifies

independent.

**S2.E5.4c** Recognizes the types of kicks needed for different games and sports situations.

**S4.E1.4** Exhibits responsible behavior in independent group situations.

**S4.E2.4** Reflects on personal social behavior in physical activity.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4a** Praises the movement performance of others in both more and less skilled.

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E5.4** Exhibits etiquette and adherence to rules in a variety of physical activities.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S5.E1.4** Examines the health benefits of participating in physical activity.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group



while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**S1.E6.4** Combines traveling with manipulative skills of dribbling, throwing, catching and striking

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**Eszlinger's Class**  
9:15am - 9:45am

**Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

results to fitness components for good health.

**S1.E6.4** Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

**S1.E17.4a** Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

**S1.E17.4b** Dribbles in general space with control of ball and body while increasing and decreasing speed.

**S1.E20.4** Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

**S3.E1.4** Analyzes opportunities for participating in physical activity outside physical education class.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S4.E6.2b** Works safely with physical education equipment.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S3.E2.2** Actively engages in physical education class in

physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**S1.E17.1** Dribbles continuously in self-space using the preferred hand.

**S3.E2.1** Actively engages in physical education class.

**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately.

**S4.E2.1** Follows the rules and parameters of the learning environment.

**S4.E3.1** Responds appropriately to general feedback from the teacher.

**S4.E5.1** Exhibits the established protocols for class activities.

**Wolf 9:15am - 9:45am**

**Basketball**

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that

projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**Harm's Class 9:15am**





in teacher and/or student designed small-sided practice tasks.

**S1.E17.4a** Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

**S1.E17.4b** Dribbles in general space with control of ball and body while increasing and decreasing speed.

**S1.E20.4** Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

**S3.E1.4** Analyzes opportunities for participating in physical activity outside physical education class.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S4.E6.2b** Works safely with physical education equipment.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates, with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern,

response to instruction and practice.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**Swenson's Class**  
9:15am - 9:45am

**Basketball**

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E16.2** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E16.2** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S3.E3.2a** Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

- 9:45am

**Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Passing, and also getting into 2 vs 2 games

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in



**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

Eszlinger's Class  
9:15am - 9:45am

### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

### Standards

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

in nondynamic environments (closed skills), for distance and/or force.

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S3.E3.2a** Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements

teacher-directed activities.

**S3.E5.3** Demonstrates, with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.



**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E21.4** Kicks along the ground and in the air, and punts using mature

physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**S1.E6.4** Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

**S1.E17.4a** Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of

specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**S1.E17.1** Dribbles continuously in self-space using the preferred hand.

**S3.E2.1** Actively engages in physical education class.

**S4.E1.1** Accepts personal responsibility by

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for



patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively

**S1.E17.4b** Dribbles in general space with control of ball and body while increasing and decreasing speed.

**S1.E20.4** Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

**S3.E1.4** Analyzes opportunities for participating in physical activity outside physical education class.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S4.E6.2b** Works safely with physical education equipment.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**Oschner/Harms Class**  
9:45am - 10:15am

**Basketball**

They will learn to dribble the ball in a

physical education class without teacher prompting.

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**Schneiders class**  
9:45am - 10:15am

**Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. We will start to play 2 on 2 games to get them to play as a team. Work on shooting and passing

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical

using equipment and space appropriately.

**S4.E2.1** Follows the rules and parameters of the learning environment.

**S4.E3.1** Responds appropriately to general feedback from the teacher.

**S4.E5.1** Exhibits the established protocols for class activities.

**S1.E17.K** Dribbles a ball with one hand, attempting the second contact.

**S1.E16.Kb** Catches a large ball tossed by a skilled thrower.

**S3.E3.K** Recognizes that when you move fast, your heart beats faster and you breathe faster.

**S3.E6.K** Recognizes that food provides energy for physical activity.

**S4.E2.K** Acknowledges responsibility for behavior when prompted.

**S4.E3.K** Follows instruction/directions when prompted.

**S5.E3.Ka** Identifies physical activities that are enjoyable.

**S5.E3.Kb** Discusses the enjoyment of playing with friends.

**6th PE A 9:45am - 10:30am**

**Basketball Skills**

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2

health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**PE.3** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

**S1.E6.4** Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

**S1.E17.4a** Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

**S1.E17.4b** Dribbles in general space with control of ball and body while increasing and decreasing speed.



engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**S1.E6.4** Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

**S1.E17.4a** Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

**S1.E17.4b** Dribbles in general space with control of ball and body while increasing and decreasing speed.

**S1.E20.4** Dribbles with hands or feet in

dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Passing, and also getting into 2 vs 2 games

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates with teacher

activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

tournament. Be doing lightening, and other games using the basketball.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.M8.6** Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

**S3.M2.6** Participates in self-selected physical activity outside of physical education class.

**S3.M1.6** Describes how being physically active leads to a healthy body.

**S3.M9.6** Employs correct techniques and methods of stretching.

**S4.M1.6** Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities and exhibiting safe behaviors.

**S4.M3.6** Demonstrates self-responsibility by implementing specific corrective feedback to improve

**S1.E20.4** Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

**S3.E1.4** Analyzes opportunities for participating in physical activity outside physical education class.

**Oschner 4th 9:45am - 10:15am**

**Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Passing, and also getting into 2 vs 2 games

**Standards**

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with



combination with other skills (ex. passing, receiving, shooting).

**S3.E1.4** Analyzes opportunities for participating in physical activity outside physical education class.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S4.E6.2b** Works safely with physical education equipment.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

Daugaard's Class  
9:45am - 10:15am

**Basketball**

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

**Standards**

**PE.4** The physically literate individual

direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E14.4b** Throws overhand to a partner or at a target with accuracy at a reasonable distance.

**S1.E15.4** Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

**S1.E16.4** Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S2.E5.4c** Recognizes the types of kicks needed for different games and sports situations.

**S4.E1.4** Exhibits responsible behavior in independent group situations.

**S4.E2.4** Reflects on personal social behavior in physical activity.

performance.

**S4.M4.6** Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

**S4.M5.6** Cooperates with a small group of classmates during adventure activities, game play or team-building activities.

**S4.M6.6** Identifies the rules and etiquette for physical activities/games and dance activities.

**S4.M7.6** Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

**S5.M6.6** Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

Daugaard's Class  
10:30am - 11:00am

**Basketball**

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that

others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates, with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed



exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E16.2** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S3.E3.2a** Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective

peers, adults).

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4a** Praises the movement performance of others in both more and less skilled.

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E5.4** Exhibits etiquette and adherence to rules in a variety of physical activities.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S5.E1.4** Examines the health benefits of participating in physical activity.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with

respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**S1.E16.2** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S3.E3.2a** Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

skills), for distance and/or force.

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.

**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible



feedback from the teacher.

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**PE.3** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

**S1.E6.4** Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

**S1.E17.4a** Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

**S1.E17.4b** Dribbles in general space with control of ball and body while increasing and decreasing speed.

**S1.E20.4** Dribbles with hands or feet in combination with other skills (ex. passing, receiving,

responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

6th PE B 10:30am - 11:15am

**Basketball Skills**

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2 tournament. Be doing lightening, and other games using the basketball.

**Standards**

**PE.4** The physically

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements

interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**PE.3** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

**S1.E6.4** Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.





**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

6th PE B 10:30am - 11:15am

**Basketball Skills**

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting.

shooting).

**S3.E1.4** Analyzes opportunities for participating in physical activity outside physical education class.

6th PE A 10:30am - 11:15am

**Basketball Skills**

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2 tournament. Be doing lightening, and other games using the basketball.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.M8.6** Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

**S3.M2.6** Participates in self-selected physical activity outside of physical education class.

**S3.M1.6** Describes how being physically active leads to a healthy body.

**S3.M9.6** Employs

literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.M8.6** Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

**S3.M2.6** Participates in self-selected physical activity outside of physical education class.

**S3.M1.6** Describes how being physically active leads to a healthy body.

**S3.M9.6** Employs correct techniques and methods of stretching.

**S4.M1.6** Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities and exhibiting safe behaviors.

**S4.M3.6** Demonstrates self-responsibility by implementing specific corrective feedback to improve performance.

**S4.M4.6** Accepts differences among classmates in physical development,

specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

9th Health class B 11:15am - 12:00pm

**Health Advocacy Skills Lesson 7**

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the

**S1.E17.4a** Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

**S1.E17.4b** Dribbles in general space with control of ball and body while increasing and decreasing speed.

**S1.E20.4** Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

**S3.E1.4** Analyzes opportunities for participating in physical activity outside physical education class.

6th PE A 10:15am - 11:00am

**Basketball Skills**

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2 tournament. Be doing lightening, and other games using the basketball.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or



Start playing a 2 vs 2 tournament. Be doing lightening, and other games using the basketball.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.M8.6** Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

**S3.M2.6** Participates in self-selected physical activity outside of physical education class.

**S3.M1.6** Describes how being physically active leads to a healthy body.

**S3.M9.6** Employs correct techniques and methods of stretching.

**S4.M1.6** Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities and exhibiting safe behaviors.

**S4.M3.6** Demonstrates self-responsibility by implementing specific corrective feedback

correct techniques and methods of stretching.

**S4.M1.6** Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities and exhibiting safe behaviors.

**S4.M3.6** Demonstrates self-responsibility by implementing specific corrective feedback to improve performance.

**S4.M4.6** Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

**S4.M5.6** Cooperates with a small group of classmates during adventure activities, game play or team-building activities.

**S4.M6.6** Identifies the rules and etiquette for physical activities/games and dance activities.

**S4.M7.6** Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

**S5.M6.6** Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

maturation and varying skill levels by providing encouragement and positive feedback.

**S4.M5.6** Cooperates with a small group of classmates during adventure activities, game play or team-building activities.

**S4.M6.6** Identifies the rules and etiquette for physical activities/games and dance activities.

**S4.M7.6** Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

**S5.M6.6** Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

6th Health A 11:15am - 12:00pm

**Chapter 3 Bullying and Harassment**

Warm up- Give me an example of a good citizen?  
Start reading Bullying and Harassment on page 66

**Standards**

**1.8.1** Analyze the relationship between healthy behaviors and personal health.

**2.8.3** Describe how peers influence healthy and unhealthy behaviors.

**5.8.1** Identify circumstances that

seriousness of this topic. We will read it so they understand what they are going to do.

They will start to present their PodCast about the health topic of their choice.

**Standards**

**8.12.4** Adapt health messages and communication techniques to a specific target audience

**8.12.3** Work cooperatively as an advocate for improving personal, family, and community health.

**8.12.2** Demonstrate how to influence and support others to make positive health choices.

**7.12.2** Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

**7.12.1** Analyze the role of individual responsibility for enhancing health.

**4.12.1** Use skills for communicating effectively with family, peers, and others to enhance health.

6th Health B 12:30pm - 1:15pm

**Lesson 4 Being a Good Citizen**

Read Being a good citizen  
Then Read Lesson 5 Making a difference.  
Present their

social interaction.

**S1.M8.6** Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

**S3.M2.6** Participates in self-selected physical activity outside of physical education class.

**S3.M1.6** Describes how being physically active leads to a healthy body.

**S3.M9.6** Employs correct techniques and methods of stretching.

**S4.M1.6** Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities and exhibiting safe behaviors.

**S4.M3.6** Demonstrates self-responsibility by implementing specific corrective feedback to improve performance.

**S4.M4.6** Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

**S4.M5.6** Cooperates with a small group of classmates during adventure activities, game play or team-building activities.

**S4.M6.6** Identifies the rules and



to improve performance.

**S4.M4.6** Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

**S4.M5.6** Cooperates with a small group of classmates during adventure activities, game play or team-building activities.

**S4.M6.6** Identifies the rules and etiquette for physical activities/games and dance activities.

**S4.M7.6** Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

**S5.M6.6** Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

9th Health Class A  
11:15am - 12:00pm

**Health Advocacy Skills Lesson 7**

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand what they are going to do.

9th Health Class A  
11:15am - 12:00pm

**Health Advocacy Skills Lesson 7**

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand what they are going to do.

They will start to present their PodCast about the health topic of their choice.

**Standards**

**8.12.4** Adapt health messages and communication techniques to a specific target audience

**8.12.3** Work cooperatively as an advocate for improving personal, family, and community health.

**8.12.2** Demonstrate how to influence and support others to make positive health choices.

**7.12.2** Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

**7.12.1** Analyze the role of individual responsibility for enhancing health.

**4.12.1** Use skills for communicating effectively with family, peers, and others to enhance health.

can help or hinder healthy decision making.

**8.8.2** Demonstrate how to influence and support others to make positive health choices.

**1.8.2** Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.

**1.8.8** Examine the likelihood of injury or illness if engaging in unhealthy behaviors.

**1.8.9** Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.

**2.8.5** Analyze how messages from media influence health behaviors.

6th Health B 12:30pm - 1:15pm

**Lesson 4 Being a Good Citizen**

Read Being a good citizen  
Then Read Lesson 5 Making a difference.  
Work on their presentation on how to be a good citizen and how can a 6th grader make a difference.

**Standards**

**2.8.8** Explain the influence of personal values and beliefs on individual health practices and behaviors.

**8.8.2** Demonstrate how to influence and support others to make positive health

presentation on how to be a good citizen and how can a 6th grader make a difference.

**Standards**

**2.8.8** Explain the influence of personal values and beliefs on individual health practices and behaviors.

**8.8.2** Demonstrate how to influence and support others to make positive health choices.

**8.8.3** Work cooperatively to advocate for healthy individuals, families, and schools.

**8.8.4** Identify ways in which health messages and communication techniques can be altered for different audiences.

**8.8.1** State a health-enhancing position on a topic and support it with accurate information.

etiquette for physical activities/games and dance activities.

**S4.M7.6** Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

**S5.M6.6** Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

6th PE B 10:30am - 11:15am

9th Health Class A  
11:19am - 12:00pm

**Health Advocacy Skills Lesson 7**

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand what they are going to do.

They will start to present their PodCast about the health topic of their choice.

**Standards**

**8.12.4** Adapt health messages and communication techniques to a specific target audience

**8.12.3** Work cooperatively as an advocate for improving personal, family, and community health.



**Standards**

**8.12.4** Adapt health messages and communication techniques to a specific target audience

**8.12.3** Work cooperatively as an advocate for improving personal, family, and community health.

**8.12.2** Demonstrate how to influence and support others to make positive health choices.

**7.12.2** Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

**7.12.1** Analyze the role of individual responsibility for enhancing health.

**4.12.1** Use skills for communicating effectively with family, peers, and others to enhance health.

6th Health A 12:30pm - 1:15pm

**Lesson 4 Being a Good Citizen**

Read Being a good citizen  
Then Read Lesson 5 Making a difference.  
Present their presentation on how to be a good citizen and how can a 6th grader make a difference.

**Standards**

**2.8.8** Explain the influence of personal values and beliefs on

9th Health class B  
11:15am - 12:00pm

**Health Advocacy Skills Lesson 7**

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand what they are going to do.

**Standards**

**8.12.4** Adapt health messages and communication techniques to a specific target audience

**8.12.3** Work cooperatively as an advocate for improving personal, family, and community health.

**8.12.2** Demonstrate how to influence and support others to make positive health choices.

**7.12.2** Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

**7.12.1** Analyze the role of individual responsibility for enhancing health.

**4.12.1** Use skills for communicating effectively with family, peers, and others to enhance health.

choices.

**8.8.3** Work cooperatively to advocate for healthy individuals, families, and schools.

**8.8.4** Identify ways in which health messages and communication techniques can be altered for different audiences.

**8.8.1** State a health-enhancing position on a topic and support it with accurate information.

Hoekman's Class  
1:15pm - 1:45pm

**Basketball**

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

**Standards**

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.E17.2a** Dribbles in self-space with preferred hand demonstrating a mature pattern.

**S1.E17.2b** Dribbles using the preferred hand while walking in general space.

**8.12.2** Demonstrate how to influence and support others to make positive health choices.

**7.12.2** Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

**7.12.1** Analyze the role of individual responsibility for enhancing health.

**4.12.1** Use skills for communicating effectively with family, peers, and others to enhance health.

6th Health A 12:30pm - 2:15pm

**Chapter 3 Bullying and Harassment**

Warm up- Give me an example of a good citizen?  
Start reading Bullying and Harassment on page 66

**Standards**

**1.8.1** Analyze the relationship between healthy behaviors and personal health.

**2.8.3** Describe how peers influence healthy and unhealthy behaviors.

**5.8.1** Identify circumstances that can help or hinder healthy decision making.

**8.8.2** Demonstrate how to influence and support others to make positive health choices.

**1.8.2** Describe the



individual health practices and behaviors.

**8.8.2** Demonstrate how to influence and support others to make positive health choices.

**8.8.3** Work cooperatively to advocate for healthy individuals, families, and schools.

**8.8.4** Identify ways in which health messages and communication techniques can be altered for different audiences.

**8.8.1** State a health-enhancing position on a topic and support it with accurate information.

Schneiders class  
1:15pm - 1:45pm

### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. We will start to play 2 on 2 games to get them to play as a team. Work on shooting and passing

### Standards

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical

**S1.E16.2** Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

**S3.E2.2** Actively engages in physical education class in response to instruction and practice.

**S3.E3.2a** Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

**S3.E3.2b** Identifies physical activities that contribute to fitness.

**S4.E1.2** Practices skills with minimal teacher prompting.

**S4.E2.2** Accepts responsibility for class protocols with behavior and performance actions.

**S4.E3.2** Accepts specific corrective feedback from the teacher.

**S4.E4.2** Works independently with others in partner environments.

**S4.E5.2** Recognizes the role of rules and etiquette in teacher-designed physical activities.

**S4.E6.2a** Works independently and safely in physical education.

**S4.E6.2b** Works safely with physical education equipment.

**S5.E2.2** Compares physical activities that bring confidence and

interrelationships of emotional, intellectual, physical, and social health in adolescence.

**1.8.8** Examine the likelihood of injury or illness if engaging in unhealthy behaviors.

**1.8.9** Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.

**2.8.5** Analyze how messages from media influence health behaviors.



activity.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E5.3** Demonstrates, with teacher direction, the health-related fitness components.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S2.E3.3** Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

**S2.E2.3** Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a

challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

**S5.E3.3** Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

**S4.E6.3** Works independently and safely in physical activity settings.

**S4.E5.3** Recognizes the role of rules and etiquette in physical activity with peers.

**S4.E4.3b** Praises others for their success in movement performance.

**S4.E4.3a** Works cooperatively with others.

**S4.E3.3** Accepts and implements specific corrective feedback from the teacher.

**S4.E2.3** Works independently for extended periods of time.

**S4.E1.3** Exhibits personal responsibility in teacher-directed activities.

**S3.E6.3** Identifies foods that are beneficial for before and after physical activity.

**S3.E4.3** Recognizes the importance of



continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

**S1.E14.3** Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

**S1.E14.4b** Throws overhand to a partner or at a target with accuracy at a reasonable distance.

**S1.E15.4** Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

**S1.E16.4** Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

**S1.E21.4** Kicks along the ground and in the air, and punts using mature patterns.

**S3.E2.4** Actively engages in the activities of physical education class, both teacher-directed and independent.

**S2.E5.4c** Recognizes the types of kicks needed for different games and sports situations.

warm-up and cool-down relative to vigorous physical activity.

**S3.E2.3** Engages in the activities of physical education class without teacher prompting.

**S3.E1.3b** Identifies physical activity benefits as a way to become healthier.

**S2.E1.3** Recognizes the concept of open spaces in a movement context.

**S1.E17.3** Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

**S1.E17.1** Dribbles continuously in self-space using the preferred hand.

**S3.E2.1** Actively engages in physical education class.

**S4.E1.1** Accepts personal responsibility by using equipment and space appropriately.

**S4.E2.1** Follows the rules and parameters of the learning environment.

**S4.E3.1** Responds appropriately to general feedback from the teacher.

**S4.E5.1** Exhibits the established protocols for class activities.



**S4.E1.4** Exhibits responsible behavior in independent group situations.

**S4.E2.4** Reflects on personal social behavior in physical activity.

**S4.E3.4** Listens respectfully to corrective feedback from others (ex. peers, adults).

**S4.E4.4a** Praises the movement performance of others in both more and less skilled.

**S4.E4.4b** Accepts players of all skill levels into the physical activity.

**S4.E5.4** Exhibits etiquette and adherence to rules in a variety of physical activities.

**S4.E6.4** Works safely with peers and equipment in physical activity settings.

**S5.E1.4** Examines the health benefits of participating in physical activity.

**S4.E6.5** Applies safety principles with age-appropriate physical activities.

**S4.E4.5** Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

**S4.E2.5b** Exhibits respect for self with appropriate behavior while engaging in physical activity.





**S4.E2.5a** Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

**S4.E1.5** Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

**S3.E2.5** Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**S1.E20.5** Dribbles with hands or feet with mature patterns in a variety of small-sided game forms.

**S3.E5.5a** Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**6th PE A**

**Mat ball**

We will be having both classes and they will be playing mat ball.



### Standards

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

**S1.M2.6** Throws with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

**S1.M3.6** Catches with a mature pattern from a variety of trajectories using different objects in varying practice tasks.

**S1.M21.6** Catches, with a mature pattern, from different trajectories using a variety of objects in a varying practice tasks.

**S4.M4.6** Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

**S4.M3.6** Demonstrates self-responsibility by implementing specific corrective feedback to improve



performance.

**S4.M6.6** Identifies the rules and etiquette for physical activities/games and dance activities.

**S4.M7.6** Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

**S5.M3.6** Recognizes individual challenges and copes in a positive way, such as extending effort, asking for help or feedback and/or modifying the tasks.

**S5.M6.6** Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.