

Monday 11/11/2019	Tuesday 11/12/2019	Wednesday 11/13/2019	Thursday 11/14/2019	Friday 11/15/2019
Veterans Day	Wolff's and Lambert's	Lerdal's Class 8:15am	Lambert's Class	Lerdal's Class 8:15am
Geigle's Class	Class 8:15am -	- 8:45am	8:15am - 8:45am	- 8:45am
8:15am - 8:45am	8:45am	Basketball	Basketball	Basketball
Basketball	Basketball	Teaching the	Teaching the	Teaching the
They will learn to	Teaching the fundamentals of	fundamentals of	fundamentals of	fundamentals of
dribble the ball in a	basketball, Passing,	basketball, Passing, Dribbling, Dribbling	basketball, Passing, Dribbling, Dribbling	basketball, Passing, Dribbling, Dribbling
dribble tag game and	Dribbling, Dribbling	tag Passing up and	tag Passing up and	tag Passing up and
up and down the floor. We will also	tag Passing up and	down the court.	down the court.	down the court.
learn to shoot and	down the court.	Standards	Standards	Standards
allow them to play	Standards	PE.4 The physically	PE.4 The physically	PE.4 The physically
horse at the end. We	PE.4 The physically	literate individual	literate individual	literate individual
will start to play 2 on	literate individual	exhibits responsible	exhibits responsible	exhibits responsible
2 games to get them	exhibits responsible	personal and social	personal and social	personal and social
to play as a team. Work on shooting	personal and social behavior that	behavior that respects self and	behavior that respects self and	behavior that respects self and
and passing	respects self and	others.	others.	others.
Standards	others.	PE.5 The physically	PE.5 The physically	PE.5 The physically
S5.E4.3 Describes	PE.5 The physically	literate individual	literate individual	literate individual
the positive social	literate individual	recognizes the value	recognizes the value	recognizes the value
interactions that	recognizes the value	of physical activity for	of physical activity for	of physical activity for
come when engaged	of physical activity for	health, enjoyment,	health, enjoyment,	health, enjoyment,
with others in	health, enjoyment, challenge, self-	challenge, self- expression and/or	challenge, self- expression and/or	challenge, self- expression and/or
physical activity.	expression and/or	social interaction.	social interaction.	social interaction.
S5.E2.3 Discusses the challenge that	social interaction.	S1.E17.2a Dribbles	S1.E17.2a Dribbles	S1.E17.2a Dribbles
comes from learning	S1.E17.2a Dribbles	in self-space with	in self-space with	in self-space with
a new physical	in self-space with	preferred hand	preferred hand	preferred hand
activity.	preferred hand	demonstrating a	demonstrating a	demonstrating a
S4.E6.3 Works	demonstrating a	mature pattern.	mature pattern.	mature pattern.
independently and	mature pattern.	S1.E17.2b Dribbles	S1.E17.2b Dribbles	S1.E17.2b Dribbles
safely in physical	S1.E17.2b Dribbles using the preferred	using the preferred hand while walking in	using the preferred hand while walking in	using the preferred hand while walking in
activity settings.	hand while walking in	general space.	general space.	general space.
S4.E5.3 Recognizes the role of rules and	general space.	S1.E16.2 Catches a	S1.E16.2 Catches a	S1.E16.2 Catches a
etiquette in physical	S1.E16.2 Catches a	self-tossed or well-	self-tossed or well-	self-tossed or well-
activity with peers.	self-tossed or well-	thrown large ball with	thrown large ball with	thrown large ball with
S4.E4.3b Praises	thrown large ball with	hands, not trapping	hands, not trapping	hands, not trapping
others for their	hands, not trapping	or cradling against	or cradling against	or cradling against
success in movement	or cradling against the body.	the body.	the body.	the body.
performance.		S3.E2.2 Actively	S3.E2.2 Actively	S3.E2.2 Actively
S4.E4.3a Works	S3.E2.2 Actively engages in physical	engages in physical education class in	engages in physical education class in	engages in physical education class in
cooperatively with	education class in	response to	response to	response to
others.	response to	instruction and	instruction and	instruction and
S4.E3.3 Accepts	instruction and	practice.	practice.	practice.
and implements specific corrective	practice.	S3.E3.2a Uses own	S3.E3.2a Uses own	S3.E3.2a Uses own
feedback from the	S3.E3.2a Uses own	body as resistance	body as resistance	body as resistance
teacher.	body as resistance	(ex. holds body in	(ex. holds body in	(ex. holds body in plank position, animal
S4.E2.3 Works	(ex. holds body in	plank position, animal	plank position, animal	plank position, animal



independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E5.3 Demonstrates, with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E14.4b Throws overhand to a partner or at a target with accuracy at a reasonable distance.

for plank position, animal ods of walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting.

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E4.2 Works independently with others in partner environments.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S4.E6.2a Works independently and safely in physical education.

S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and challenge.

**S5.E4.3** Describes the positive social interactions that come when engaged with others in physical activity.

S5.E3.3 Reflects on the reasons for enjoying selected physical activities.

S5.E1.3 Discusses the relationship between physical activity and good walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting. S4.E2.2 Accepts responsibility for class protocols with

behavior and performance actions. S4.E3.2 Accepts

specific corrective feedback from the teacher.

S4.E4.2 Works independently with others in partner environments.

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S4.E6.2b Works safely with physical education equipment.

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S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E3.3 Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

S1.E15.4 Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

S1.E16.4 Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S2.E5.4c Recognizes the types of kicks needed for different games and sports situations.

S4.E1.4 Exhibits responsible behavior in independent group situations.

S4.E2.4 Reflects on personal social behavior in physical activity.

S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4a Praises the movement performance of others in both more and less skilled.

S4.E4.4b Accepts players of all skill levels into the physical activity. health. S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers. S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

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S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a S4.E6.3 Works independently and safely in physical activity settings.

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S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

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S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal

responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a



S4.E5.4 Exhibits etiquette and adherence to rules in a variety of physical activities.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S5.E1.4 Examines the health benefits of participating in physical activity.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts. environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

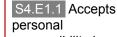
PE.5 The physically literate individual recognizes the value of physical activity for

spaces in a movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

S1.E17.1 Dribbles continuously in selfspace using the preferred hand.

S3.E2.1 Actively engages in physical education class.



responsibility by using equipment and space appropriately.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E3.1 Responds appropriately to general feedback from the teacher.

S4.E5.1 Exhibits the established protocols for class activities.

S1.E17.K Dribbles a ball with one hand, attempting the second contact.

S1.E16.Kb Catches a large ball tossed by a skilled thrower.

S3.E3.K Recognizes that when you move fast, your heart beats faster and you breathe faster.

S3.E6.K Recognizes that food provides energy for physical activity.

S4.E2.K Acknowledges responsibility for behavior when prompted. S4.E3.K Follows

movement context. S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

S1.E17.1 Dribbles continuously in selfspace using the preferred hand.

S3.E2.1 Actively engages in physical education class.

S4.E1.1 Accepts personal responsibility by

using equipment and space appropriately.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E3.1 Responds appropriately to general feedback from the teacher.

S4.E5.1 Exhibits the established protocols for class activities.

#### Whipples Class 8:45am - 9:15am Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

Standards S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

movement context. S1.E17.3 Dribbles and travels in general

space at slow to moderate jogging speed, with control of ball and body.

S1.E17.1 Dribbles continuously in selfspace using the preferred hand.

S3.E2.1 Actively engages in physical education class.

S4.E1.1 Accepts personal responsibility by using equipment and space appropriately.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E3.1 Responds appropriately to general feedback from the teacher.

S4.E5.1 Exhibits the established protocols for class activities.

S1.E17.K Dribbles a ball with one hand, attempting the second contact.

S1.E16.Kb Catches a large ball tossed by a skilled thrower.

S3.E3.K Recognizes that when you move fast, your heart beats faster and you breathe faster.

S3.E6.K Recognizes that food provides energy for physical activity.

S4.E2.K AcknowledgesStandards responsibility for behavior when prompted.

S4.E3.K Follows instruction/directions

# movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

S1.E17.1 Dribbles continuously in selfspace using the preferred hand.

S3.E2.1 Actively engages in physical education class.

S4.E1.1 Accepts personal responsibility by using equipment and space appropriately.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E3.1 Responds appropriately to general feedback from the teacher.

S4.E5.1 Exhibits the established protocols for class activities.

#### **Geigle's Class** 8:45am - 9:15am **Basketball**

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. We will start to play 2 on 2 games to get them to play as a team. Work on shooting and passing

S5.E4.3 Describes the positive social

interactions that come when engaged



#### health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

#### Whipples Class 8:45am - 9:15am

### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical

instruction/directions when prompted. S5.E3.Ka Identifies physical activities that are enjoyable.

S5.E3.Kb Discusses the enjoyment of playing with friends.

#### Swenson's Class 8:45am - 9:15am Basketball

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S3.E2.2 Actively engages in physical education class in **S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E5.3 Demonstrates, with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills

when prompted. S5.E3.Ka Identifies physical activities that are enjoyable.

S5.E3.Kb Discusses the enjoyment of playing with friends.

### Hoekman's Class 8:45am - 9:15am

### Basketball

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S3.E2.2 Actively engages in physical education class in response to with others in physical activity.

**S5.E2.3** Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in

teacher-directed activities.

S3.E5.3 Demonstrates, with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

#### activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E5.3 Demonstrates with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the

response to instruction and practice.

S3.E3.2a Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting.

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E4.2 Works independently with others in partner environments.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S4.E6.2a Works independently and safely in physical education.

S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E3.3 Reflects on the reasons for

specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves

instruction and practice.

S3.E3.2a Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting.

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E4.2 Works independently with others in partner environments.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S4.E6.2a Works independently and safely in physical education.

S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and challenge.

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S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E14.4b Throws overhand to a partner or at a target with accuracy at a reasonable distance.

S1.E15.4 Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

S1.E16.4 Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and



11/10/2019 - 11/16/2019

S2.E5.4c Recognizes

the types of kicks

games and sports

S4.E1.4 Exhibits

responsible behavior

in independent group

S4.E2.4 Reflects on

behavior in physical

corrective feedback

S4.E4.4a Praises

others in both more

S4.E4.4b Accepts

players of all skill

physical activity.

S4.E5.4 Exhibits

adherence to rules in

safely with peers and

equipment in physical

S5.E1.4 Examines

the health benefits of

a variety of physical

S4.E6.4 Works

activity settings.

participating in

physical activity.

S4.E6.5 Applies

levels into the

etiquette and

activities.

S4.E3.4 Listens

respectfully to

from others (ex.

peers, adults).

the movement

performance of

and less skilled.

personal social

needed for different

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situations.

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activity.

ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior

enjoying selected physical activities. S5.E1.3 Discusses the relationship between physical

activity and good health. S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of physical education class without teacher prompting. others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing physical activities. S5.E1.3 Discusses the relationship between physical activity and good health.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of physical education class without teacher prompting. S3.E1.3b Identifies safety principles with age-appropriate physical activities. S4.E4.5 Accepts, recognized and

recognizes and actively involves others with both higher and lower skill abilities into physical activities and group



while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

S1.E6.4 Combines traveling with manipulative skills of dribbling, throwing, catching and striking S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

#### Eszlinger's Class 9:15am - 9:45am

### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

#### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance. results to fitness components for good health.

S1.E6.4 Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

S1.E17.4a Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

S1.E17.4b Dribbles in general space with control of ball and body while increasing and decreasing speed.

S1.E20.4 Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

S3.E1.4 Analyzes opportunities for participating in physical activity outside physical education class.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S4.E6.2b Works safely with physical education equipment.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E1.2 Practices skills with minimal teacher prompting.

S3.E2.2 Actively engages in physical education class in physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

S1.E17.1 Dribbles continuously in selfspace using the preferred hand.

S3.E2.1 Actively engages in physical education class.

S4.E1.1 Accepts personal responsibility by using equipment and space appropriately.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E3.1 Responds appropriately to general feedback from the teacher.

S4.E5.1 Exhibits the established protocols for class activities.

### Wolf 9:15am -9:45am

### Basketball

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that

### projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

Harm's Class 9:15am



in teacher and/or student designed small-sided practice tasks.

S1.E17.4a Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

S1.E17.4b Dribbles in general space with control of ball and body while increasing and decreasing speed.

S1.E20.4 Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

S3.E1.4 Analyzes opportunities for participating in physical activity outside physical education class.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S4.E6.2b Works safely with physical education equipment.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E1.2 Practices skills with minimal teacher prompting.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S4.E4.3a Works cooperatively with others.

> S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E5.3 Demonstrates fundamentals of with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern,

response to instruction and practice.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

#### Swenson's Class 9:15am - 9:45am Basketball

Teaching the basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S3.E3.2a Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting.

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

S4.E3.2 Accepts specific corrective feedback from the teacher.

### - 9:45am

### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Passing, and also getting into 2 vs 2 games

### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

#### Eszlinger's Class 9:15am - 9:45am

#### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Work on passing and shooting with an added 2 vs 2 games.

### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

a in nondynamic environments (closed skills), for distance and/or force. S1.E21.4 Kicks

along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S3.E3.2a Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting.

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E4.2 Works independently with others in partner environments.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S4.E6.2a Works independently and safely in physical education.

S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S5.E4.3 Describes the positive social interactions that come when engaged with others in S4.E4.2 Works independently with others in partner environments.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S4.E6.2a Works independently and safely in physical education.

S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E3.3 Reflects on the reasons for enjoying selected physical activities.

S5.E1.3 Discusses the relationship between physical activity and good health.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements

teacher-directed activities.

S3.E5.3 Demonstrates, with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

**S1.E21.3a** Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.



S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E5.3 Demonstrates with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E21.4 Kicks along the ground and in the air, and punts using mature physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

S1.E6.4 Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

S1.E17.4a Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern. physical activity. S5.E3.3 Reflects on the reasons for enjoying selected physical activities.

S5.E1.3 Discusses the relationship between physical activity and good health.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of

specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

S1.E17.1 Dribbles continuously in selfspace using the preferred hand.

S3.E2.1 Actively engages in physical education class.

S4.E1.1 Accepts personal responsibility by S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for

#### patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively

S1.E17.4b Dribbles in general space with control of ball and body while increasing and decreasing speed.

S1.E20.4 Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

S3.E1.4 Analyzes opportunities for participating in physical activity outside physical education class.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S4.E6.2b Works safely with physical education equipment.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E1.2 Practices skills with minimal teacher prompting.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

#### Oschner/Harms Class 9:45am - 10:15am Basketball

They will learn to dribble the ball in a

physical education class without teacher prompting. S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

#### Schneiders class 9:45am - 10:15am Baskothall

Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. We will start to play 2 on 2 games to get them to play as a team. Work on shooting and passing

### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical using equipment and space appropriately. S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E3.1 Responds appropriately to general feedback from the teacher.

S4.E5.1 Exhibits the established protocols for class activities.

S1.E17.K Dribbles a ball with one hand, attempting the second contact.

S1.E16.Kb Catches a large ball tossed by a skilled thrower.

S3.E3.K Recognizes that when you move fast, your heart beats faster and you breathe faster.

S3.E6.K Recognizes that food provides energy for physical activity.

S4.E2.K Acknowledges responsibility for behavior when prompted.

S4.E3.K Follows instruction/directions when prompted.

S5.E3.Ka Identifies physical activities that are enjoyable.

S5.E3.Kb Discusses the enjoyment of playing with friends.

### 6th PE A 9:45am -10:30am

### Basketball Skills

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2 health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**PE.3** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

S1.E6.4 Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

S1.E17.4a Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

S1.E17.4b Dribbles in general space with control of ball and body while increasing and decreasing speed.

engages in all the activities of physical education.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

**PE.4** The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

S1.E6.4 Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

S1.E17.4a Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

S1.E17.4b Dribbles in general space with control of ball and body while increasing and decreasing speed.

S1.E20.4 Dribbles with hands or feet in

dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Passing, and also getting into 2 vs 2 games

### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal

responsibility in teacher-directed activities.

S3.E5.3 Demonstrates, with teacher

activity with peers. S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E5.3 Demonstrates, with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

tournament. Be doing lightening, and other games using the basketball.

### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.M8.6 Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

S3.M2.6 Participates in self-selected physical activity outside of physical education class.

S3.M1.6 Describes how being physically active leads to a healthy body.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M1.6 Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities and exhibiting safe behaviors.

S4.M3.6 Demonstrates self-responsibility by implementing specific corrective feedback to improve

S1.E20.4 Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

S3.E1.4 Analyzes opportunities for participating in physical activity outside physical education class.

### Oschner 4th 9:45am - 10:15am

### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. Passing, and also getting into 2 vs 2 games

### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical activity.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with





combination with other skills (ex. passing, receiving, shooting).

S3.E1.4 Analyzes opportunities for participating in physical activity outside physical education class.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S4.E6.2b Works safely with physical education equipment.

S4.E3.2 Accepts specific corrective feedback from the teacher.

S4.E1.2 Practices skills with minimal teacher prompting.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

# Daugaard's Class 9:45am - 10:15am

# Basketball

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

Standards

PE.4 The physically literate individual

direction, the healthrelated fitness components.

> S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S4.E3.4 Listens respectfully to corrective feedback from others (ex. S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

S1.E14.4b Throws overhand to a partner or at a target with accuracy at a reasonable distance.

S1.E15.4 Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

S1.E16.4 Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S2.E5.4c Recognizes the types of kicks needed for different games and sports situations.

S4.E1.4 Exhibits responsible behavior in independent group situations.

S4.E2.4 Reflects on personal social behavior in physical activity.

performance. S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M5.6 Cooperates with a small group of classmates during adventure activities, game play or teambuilding activities.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S4.M7.6 Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

S5.M6.6 Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

# Daugaard's Class 10:30am - 11:00am

Basketball

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that

### others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal

responsibility in teacher-directed activities.

S3.E5.3 Demonstrates, with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each.

S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed



exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S3.E3.2a Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting.

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

S4.E3.2 Accepts specific corrective

peers, adults). S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction. S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4a Praises the movement performance of others in both more and less skilled.

S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E5.4 Exhibits etiquette and adherence to rules in a variety of physical activities.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S5.E1.4 Examines the health benefits of participating in physical activity.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with

respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

S1.E17.2b Dribbles using the preferred hand while walking in general space.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S3.E3.2a Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength.

S3.E3.2b Identifies physical activities that contribute to fitness.

S4.E1.2 Practices skills with minimal teacher prompting.

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

S4.E3.2 Accepts specific corrective feedback from the teacher. skills), for distance and/or force.

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults).

S4.E4.4b Accepts players of all skill levels into the physical activity.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible



feedback from the teacher.

S4.E4.2 Works independently with others in partner environments.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S4.E6.2a Works independently and safely in physical education.

S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E3.3 Reflects on the reasons for enjoying selected physical activities.

**S5.E1.3** Discusses the relationship between physical activity and good health.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms. S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

PE.3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a healthenhancing level of physical activity and fitness.

S1.E6.4 Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

S1.E17.4a Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

S1.E17.4b Dribbles in general space with control of ball and body while increasing and decreasing speed.

S1.E20.4 Dribbles with hands or feet in combination with other skills (ex. passing, receiving, responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

# 6th PE B 10:30am -11:15am

Basketball Skills

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2 tournament. Be doing lightening, and other games using the basketball. **Standards** 

PE.4 The physically

S4.E4.2 Works independently with others in partner environments.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S4.E6.2a Works independently and safely in physical education.

S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and challenge.

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E3.3 Reflects on the reasons for enjoying selected physical activities.

S5.E1.3 Discusses the relationship between physical activity and good health.

S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements

interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

**PE.3** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

S1.E6.4 Combines traveling with manipulative skills of dribbling, throwing, catching and striking in teacher and/or student designed small-sided practice tasks.

teacher.

S4.E3.3 Accepts and implements specific corrective feedback from the

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

# 6th PE B 10:30am -11:15am

Basketball Skills

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. shooting). S3.E1.4 Analyzes opportunities for participating in physical activity outside physical education class.

# 6th PE A 10:30am -11:15am

# Basketball Skills

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2 tournament. Be doing lightening, and other games using the basketball.

### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.M8.6 Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks. S3.M2.6 Participates in self-selected physical activity outside of physical

education class. S3.M1.6 Describes how being physically active leads to a healthy body. S3.M9.6 Employs literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.M8.6 Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

S3.M2.6 Participates in self-selected physical activity outside of physical education class.

S3.M1.6 Describes how being physically active leads to a healthy body.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M1.6 Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities and exhibiting safe behaviors.

S4.M3.6 Demonstrates self-responsibility by implementing specific corrective feedback to improve performance.

S4.M4.6 Accepts differences among classmates in physical development, specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E6.3 Identifies foods that are beneficial for before and after physical activity.

S3.E4.3 Recognizes the importance of warm-up and cooldown relative to vigorous physical activity.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S3.E1.3b Identifies physical activity benefits as a way to become healthier.

S2.E1.3 Recognizes the concept of open spaces in a movement context.

S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body.

### 9th Health class B 11:15am - 12:00pm

Health Advocacy Skills Lesson 7

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the

### S1.E17.4a Dribbles in self-space with both the preferred and the nonpreferred hands using a mature pattern.

S1.E17.4b Dribbles in general space with control of ball and body while increasing and decreasing speed.

S1.E20.4 Dribbles with hands or feet in combination with other skills (ex. passing, receiving, shooting).

S3.E1.4 Analyzes opportunities for participating in physical activity outside physical education class.

### 6th PE A 10:15am -11:00am

# Basketball Skills

Working on Dribbling, passing, and shooting. Work on dribbling and passing first then shooting. Start playing a 2 vs 2 tournament. Be doing lightening, and other games using the basketball.

# Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or



Start playing a 2 vs 2 correct techniques maturation and tournament. Be doing and methods of lightening, and other stretching. providing games using the S4.M1.6 Exhibits basketball. personal Standards responsibility by using appropriate PE.4 The physically etiquette. literate individual demonstrating exhibits responsible respect for facilities personal and social and exhibiting safe behavior that behaviors. respects self and others. S4.M3.6 Demonstrates the rules and self-responsibility by PE.5 The physically implementing specific literate individual corrective feedback dance activities. recognizes the value to improve of physical activity for S4.M7.6 Uses performance. health, enjoyment, challenge, self-S4.M4.6 Accepts expression and/or differences among social interaction. classmates in safely, with the physical S1.M8.6 Dribbles development. with dominant hand maturation and using a change of varying skill levels by speed and direction providing in a variety of and games by encouragement and practice tasks. positive feedback. S3.M2.6 Participates S4.M5.6 Cooperates in self-selected with a small group of physical activity activity. outside of physical classmates during adventure activities, education class. game play or team-S3.M1.6 Describes building activities. 12:00pm how being physically S4.M6.6 Identifies active leads to a the rules and healthy body. etiquette for physical S3.M9.6 Employs activities/games and correct techniques dance activities. and methods of citizen? S4.M7.6 Uses stretching. physical activity and S4.M1.6 Exhibits fitness equipment page 66 personal appropriately and Standards responsibility by safely, with the using appropriate teacher's guidance. etiquette, S5.M6.6 Demonstrates demonstrating respect for self and respect for facilities others in activities and exhibiting safe and games by behaviors. following the rules, S4.M3.6 Demonstrates healthy and encouraging others self-responsibility by and playing in the implementing specific spirit of the game or corrective feedback activity.

varying skill levels by topic. We will read it encouragement and positive feedback. S4.M5.6 Cooperates with a small group of classmates during adventure activities. game play or teambuilding activities. S4.M6.6 Identifies etiquette for physical activities/games and physical activity and fitness equipment appropriately and teacher's guidance. S5.M6.6 Demonstrates respect for self and others in activities following the rules, encouraging others and playing in the spirit of the game or 6th Health A 11:15am Chapter 3 Bullying and Harassment Warm up- Give me

an example of a good Start reading Bullying and Harassment on

1.8.1 Analyze the relationship between healthy behaviors and personal health.

2.8.3 Describe how peers influence unhealthy behaviors. 5.8.1 Identify circumstances that

so they understand what they are going to do. They will start to present their PodCast about the health topic of their choice. Standards 8.12.4 Adapt health messages and

seriousness of this

communication techniques to a specific target audience

8.12.3 Work cooperatively as an advocate for improving personal, family, and community health.

8.12.2 Demonstrate how to influence and support others to make positive health choices.

7.12.2 Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

7.12.1 Analyze the role of individual responsibility for enhancing health.

4.12.1 Use skills for communicating effectively with family, peers, and others to enhance health.

### 6th Health B 12:30pm - 1:15pm

Lesson 4 Being a **Good Citizen** 

Read Being a good citizen Then Read Lesson 5 Making a difference. Present their

### social interaction.

S1.M8.6 Dribbles with dominant hand using a change of speed and direction in a variety of practice tasks.

S3.M2.6 Participates in self-selected physical activity outside of physical education class.

S3.M1.6 Describes how being physically active leads to a healthy body.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M1.6 Exhibits personal responsibility by using appropriate etiquette. demonstrating respect for facilities and exhibiting safe behaviors.

S4.M3.6 Demonstrates self-responsibility by implementing specific corrective feedback to improve performance.

S4.M4.6 Accepts differences among classmates in physical development. maturation and varying skill levels by providing encouragement and positive feedback.

S4.M5.6 Cooperates with a small group of classmates during adventure activities, game play or teambuilding activities. S4.M6.6 Identifies the rules and



### to improve performance. S4.M4.6 Accepts differences among

classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M5.6 Cooperates with a small group of classmates during adventure activities, game play or teambuilding activities.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S4.M7.6 Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

S5.M6.6 Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

### 9th Health Class A 11:15am - 12:00pm

### Health Advocacy Skills Lesson 7

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand what they are going to do. 11:15am - 12:00pm Health Advocacy Skills Lesson 7

9th Health Class A

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand what they are going to do. They will start to

present their PodCast about the health topic of their choice.

#### Standards

8.12.4 Adapt health messages and communication techniques to a specific target audience

8.12.3 Work cooperatively as an advocate for improving personal, family, and community health.

8.12.2 Demonstrate how to influence and support others to make positive health choices.

7.12.2 Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

7.12.1 Analyze the role of individual responsibility for enhancing health.

4.12.1 Use skills for communicating effectively with family, peers, and others to enhance health. can help or hinder healthy decision making.

8.8.2 Demonstrate how to influence and support others to make positive health choices.

**1.8.2** Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.

**1.8.8** Examine the likelihood of injury or illness if engaging in unhealthy behaviors.

1.8.9 Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.

2.8.5 Analyze how messages from media influence health behaviors.

### 6th Health B 12:30pm - 1:15pm

#### Lesson 4 Being a Good Citizen

Read Being a good citizen Then Read Lesson 5 Making a difference. Work on their presentation on how to be a good citizen and how can a 6th grader make a difference.

### Standards

2.8.8 Explain the influence of personal values and beliefs on individual health practices and behaviors.

8.8.2 Demonstrate how to influence and support others to make positive health presentation on how to be a good citizen and how can a 6th grader make a difference.

### Standards

2.8.8 Explain the influence of personal values and beliefs on individual health practices and behaviors.

8.8.2 Demonstrate how to influence and support others to make positive health choices.

8.8.3 Work cooperatively to advocate for healthy individuals, families, and schools.

8.8.4 Identify ways in which health messages and communication techniques can be altered for different audiences.

8.8.1 State a healthenhancing position on a topic and support it with accurate information. etiquette for physical activities/games and dance activities.

### S4.M7.6 Uses

physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

S5.M6.6 Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.

### 6th PE B 10:30am -11:15am

### 9th Health Class A 11:19am - 12:00pm

Health Advocacy Skills Lesson 7

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand what they are going to do. They will start to present their PodCast about the health topic

### Standards

of their choice.

8.12.4 Adapt health messages and communication techniques to a specific target audience

### 8.12.3 Work

cooperatively as an advocate for improving personal, family, and community health.

#### Standards

8.12.4 Adapt health messages and communication techniques to a specific target audience

8.12.3 Work cooperatively as an advocate for improving personal, family, and community health.

8.12.2 Demonstrate how to influence and support others to make positive health choices.

7.12.2 Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

7.12.1 Analyze the role of individual responsibility for enhancing health.

4.12.1 Use skills for communicating effectively with family, peers, and others to enhance health.

#### 6th Health A 12:30pm - 1:15pm

Lesson 4 Being a Good Citizen

Read Being a good citizen Then Read Lesson 5 Making a difference. Present their presentation on how to be a good citizen and how can a 6th grader make a difference.

#### Standards

2.8.8 Explain the influence of personal values and beliefs on

# Health class B

Health Advocacy Skills Lesson 7

We will pick a health topic that the students want to talk about. They will come up with a topic and let others know the seriousness of this topic. We will read it so they understand

what they are going

#### Standards

to do.

8.12.4 Adapt health messages and communication techniques to a specific target audience

8.12.3 Work cooperatively as an advocate for improving personal, family, and community health.

8.12.2 Demonstrate how to influence and support others to make positive health choices.

7.12.2 Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of self and others.

7.12.1 Analyze the role of individual responsibility for enhancing health.

4.12.1 Use skills for communicating effectively with family, peers, and others to enhance health. choices.

8.8.3 Work cooperatively to advocate for healthy individuals, families, and schools.

8.8.4 Identify ways in which health messages and communication techniques can be altered for different audiences.

8.8.1 State a healthenhancing position on a topic and support it with accurate information.

#### Hoekman's Class 1:15pm - 1:45pm

#### Basketball

Teaching the fundamentals of basketball, Passing, Dribbling, Dribbling tag Passing up and down the court.

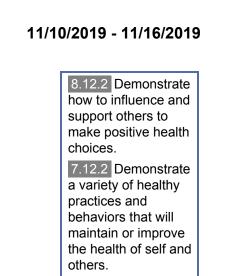
#### Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

**PE.5** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.

S1.E17.2b Dribbles using the preferred hand while walking in general space.



7.12.1 Analyze the role of individual responsibility for enhancing health.

4.12.1 Use skills for communicating effectively with family, peers, and others to enhance health.

### 6th Health A 12:30pm - 2:15pm

# Chapter 3 Bullying and Harassment

Warm up- Give me an example of a good citizen? Start reading Bullying and Harassment on page 66

### Standards

1.8.1 Analyze the relationship between healthy behaviors and personal health.

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

5.8.1 Identify circumstances that can help or hinder healthy decision making.

8.8.2 Demonstrate how to influence and support others to make positive health choices.

1.8.2 Describe the



individual health practices and behaviors.

8.8.2 Demonstrate how to influence and support others to make positive health choices.

8.8.3 Work cooperatively to advocate for healthy individuals, families, and schools.

8.8.4 Identify ways in which health messages and communication techniques can be altered for different audiences.

8.8.1 State a healthenhancing position on a topic and support it with accurate information.

### Schneiders class 1:15pm - 1:45pm

### Basketball

They will learn to dribble the ball in a dribble tag game and up and down the floor. We will also learn to shoot and allow them to play horse at the end. We will start to play 2 on 2 games to get them to play as a team. Work on shooting and passing

### Standards

S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity.

S5.E2.3 Discusses the challenge that comes from learning a new physical



S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body. S3.E2.2 Actively engages in physical education class in response to instruction and practice. S3.E3.2a Uses own body as resistance (ex. holds body in plank position, animal walks) for developing strength. S3.E3.2b Identifies physical activities that contribute to fitness. S4.E1.2 Practices skills with minimal teacher prompting. S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions. S4.E3.2 Accepts specific corrective feedback from the teacher. S4.E4.2 Works independently with others in partner environments. S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities. S4.E6.2a Works independently and safely in physical education. S4.E6.2b Works safely with physical education equipment.

S5.E2.2 Compares physical activities that bring confidence and

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interrelationships of emotional, intellectual, physical, and social health in adolescence.

1.8.8 Examine the likelihood of injury or illness if engaging in unhealthy behaviors.

**1.8.9** Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.

2.8.5 Analyze how messages from media influence health behaviors.

activity. S4.E6.3 Works independently and safely in physical activity settings.

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3b Praises others for their success in movement performance.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

S4.E2.3 Works independently for extended periods of time.

S4.E1.3 Exhibits personal responsibility in teacher-directed activities.

S3.E5.3 Demonstrates, with teacher direction, the healthrelated fitness components.

S3.E2.3 Engages in the activities of physical education class without teacher prompting.

S2.E3.3 Combines movement concepts (direction, levels, force, time) with skills as directed by the teacher.

S2.E2.3 Recognizes locomotor skills specific to a wide variety of physical activities.

S1.E21.3a Uses a



challenge. S5.E4.3 Describes the positive social interactions that come when engaged with others in physical activity. S5.E3.3 Reflects on the reasons for enjoying selected physical activities. S5.E1.3 Discusses the relationship between physical activity and good health. S4.E6.3 Works independently and safely in physical activity settings. S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers. S4.E4.3b Praises others for their success in movement performance. S4.E4.3a Works cooperatively with others. S4.E3.3 Accepts and implements specific corrective feedback from the teacher. S4.E2.3 Works independently for extended periods of time. S4.E1.3 Exhibits personal responsibility in teacher-directed activities. S3.E6.3 Identifies foods that are beneficial for before and after physical activity. S3.E4.3 Recognizes the importance of

approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each. S1.E14.3 Throws overhand demonstrating 3 of the 5 critical elements of a mature pattern, in nondynamic environments (closed skills), for distance and/or force.

continuous running

S1.E14.4b Throws overhand to a partner or at a target with accuracy at a reasonable distance.

S1.E15.4 Throws to a moving partner with reasonable accuracy in a nondynamic environment (closed skills).

S1.E16.4 Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

S3.E2.4 Actively engages in the activities of physical education class, both teacher-directed and independent.

S2.E5.4c Recognizes the types of kicks needed for different games and sports situations.



warm-up and cooldown relative to vigorous physical activity. S3.E2.3 Engages in the activities of physical education class without teacher prompting. S3.E1.3b Identifies physical activity benefits as a way to become healthier. S2.E1.3 Recognizes the concept of open spaces in a movement context. S1.E17.3 Dribbles and travels in general space at slow to moderate jogging speed, with control of ball and body. S1.E17.1 Dribbles continuously in selfspace using the preferred hand. S3.E2.1 Actively engages in physical education class. S4.E1.1 Accepts personal responsibility by using equipment and space appropriately. S4.E2.1 Follows the rules and parameters of the learning environment. S4.E3.1 Responds appropriately to general feedback from the teacher. S4.E5.1 Exhibits the

stablished protocols for class activities.

S4.E1.4 Exhibits responsible behavior in independent group situations. S4.E2.4 Reflects on personal social behavior in physical activity. S4.E3.4 Listens respectfully to corrective feedback from others (ex. peers, adults). S4.E4.4a Praises the movement performance of others in both more and less skilled. S4.E4.4b Accepts players of all skill levels into the physical activity. S4.E5.4 Exhibits etiquette and adherence to rules in a variety of physical activities. S4.E6.4 Works safely with peers and equipment in physical activity settings. S5.E1.4 Examines the health benefits of participating in physical activity. S4.E6.5 Applies safety principles with age-appropriate physical activities. S4.E4.5 Accepts, recognizes and actively involves

others with both higher and lower skill abilities into physical activities and group projects.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity. 11/10/2019 - 11/16/2019

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S3.E2.5 Actively engages in all the activities of physical education.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.E20.5 Dribbles with hands or feet with mature patterns in a variety of smallsided game forms.

S3.E5.5a Analyzes results of fitness assessment (pre and post), comparing results to fitness components for good health.

# 6th PE A

Mat ball

We will be having both classes and they will be playing mat ball.

Standards PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.M2.6 Throws with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

S1.M3.6 Catches with a mature pattern from a variety of trajectories using different objects in varying practice tasks.

S1.M21.6 Catches, with a mature pattern, from different trajectories using a variety of objects in a varying practice tasks.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M3.6 Demonstrates self-responsibility by implementing specific corrective feedback to improve 11/10/2019 - 11/16/2019

performance. S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S4.M7.6 Uses physical activity and fitness equipment appropriately and safely, with the teacher's guidance.

S5.M3.6 Recognizes individual challenges and copes in a positive way, such as extending effort, asking for help or feedback and/or modifying the tasks.

S5.M6.6 Demonstrates respect for self and others in activities and games by following the rules, encouraging others and playing in the spirit of the game or activity.