



Monday 09/30/2019	Tuesday 10/01/2019	Wednesday 10/02/2019	Thursday 10/03/2019	Friday 10/04/2019
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Geigle's Class
8:15am - 8:45am

Kickball

We will be playing kickball this week. We will go outside if we can otherwise be in doors to play.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S1.E14.5b Throws overhand to a large target with accuracy.

S3.E2.5 Actively engages in all the activities of physical education.

S3.E4.5 Identifies the need for warm-up and cool down relative to various physical activities.

Wolff's and Lambert's Class
8:15am - 8:45am

Kickball

We will learn the concept of kicking a ball and catching a ball

Standards

S5.E2.K Acknowledges that some physical activities are challenging/difficult.

S4.E3.K Follows instruction/directions when prompted.

S3.E2.K Actively participates in physical education class.

S4.E4.K Share equipment and space with others.

S4.E1.K Follows directions in group settings (ex. safe behaviors, following rules, taking turns).

S1.E21.K Kicks a stationary ball from a stationary position, demonstrating 2 of the 5 elements of a mature kicking pattern.

S1.E16.Ka Drops a ball and catches it before it bounces twice.

Swenson's Class
8:45am - 9:15am

Kickball

learning to play kickball as a team. The importance of working together.

Standards

S4.E5.3 Recognizes

Lerdal's Class 8:15am - 8:45am

Kickball

Learning to play kickball. We will kick a stationary ball and then move up to a moving one. Also learning to catch a ball.

Standards

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S3.E2.1 Actively engages in physical education class.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E5.1 Exhibits the established protocols for class activities.

S5.E2.1 Recognizes that challenge in physical activities can lead to success.

Whipples Class
8:45am - 9:15am

Kickball

Teaching them the game of kickball. Letting them kick and play as a team. Working together and everyone doing their job.

Standards

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

Lambert's Class
8:15am - 8:45am

Kickball

We will learn the concept of kicking a ball and catching a ball

Standards

S5.E2.K Acknowledges that some physical activities are challenging/difficult.

S4.E3.K Follows instruction/directions when prompted.

S3.E2.K Actively participates in physical education class.

S4.E4.K Share equipment and space with others.

S4.E1.K Follows directions in group settings (ex. safe behaviors, following rules, taking turns).

S1.E21.K Kicks a stationary ball from a stationary position, demonstrating 2 of the 5 elements of a mature kicking pattern.

S1.E16.Ka Drops a ball and catches it before it bounces twice.

Hoekman's Class
8:45am - 9:15am

Kickball

Learning to play kickball. We will kick a stationary ball and then move up to a moving one. Also learning to catch a ball.

Standards



S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E3.5 Gives corrective feedback respectfully to peers.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E5.5 Critiques the etiquette involved in rules of various game activities.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

Whipples Class
8:45am - 9:15am

Kickball

Teaching them the game of kickball. Letting them kick and play as a team. Working together and everyone doing their job.

Standards

S4.E2.2 Accepts responsibility for

the role of rules and etiquette in physical activity with peers.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

S1.E21.3b Uses a continuous running approach and kicks a stationary ball for accuracy.

Eszlinger's Class
9:15am - 9:45am

Kickball

Teaching them the game of kickball. Letting them kick and play as a team. Working together and everyone doing their job.

Standards

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacher-designed physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Swenson's Class
9:15am - 9:45am

Kickball

learning to play kickball as a team. The importance of working together.

Standards

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S3.E2.1 Actively engages in physical education class.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E5.1 Exhibits the established protocols for class activities.

S5.E2.1 Recognizes that challenge in physical activities can lead to success.

Wolf 9:15am - 9:45am

Kickball

We will learn the concept of kicking a ball and catching a ball

Standards

S5.E2.K Acknowledges that some physical activities are challenging/difficult.

S4.E3.K Follows instruction/directions when prompted.

S3.E2.K Actively participates in physical education class.

S4.E4.K Share equipment and space with others.

S4.E1.K Follows directions in group settings (ex. safe behaviors, following rules, taking turns).

S1.E21.K Kicks a stationary ball from a



class protocols with behavior and performance actions.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacher-designed physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Eszlinger's Class
9:15am - 9:45am

Kickball

Teaching them the game of kickball. Letting them kick and play as a team. Working together and everyone doing their job.

others.

S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacher-designed physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Oschner/Harms Class
9:45am - 10:15am

Kickball

Kickball as a team. They will play together as a group. Since we have two groups if we can go outside. The girls will play in one area while the boys will play in another.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

S1.E21.3b Uses a continuous running approach and kicks a stationary ball for accuracy.

Schneiders class
9:45am - 10:15am

Kickball

We will be playing kickball this week. We will go outside if we can otherwise be in doors to play.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

PE.4 The physically literate individual

stationary position, demonstrating 2 of the 5 elements of a mature kicking pattern.

S1.E16.Ka Drops a ball and catches it before it bounces twice.

6th PE A 9:45am - 10:30am

Kick ball

Playing kickball as a team. Working together as one. If it's nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S1.M2.6 Throws



Standards

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacher-designed physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Daugaard's Class
9:45am - 10:15am

Kickball

learning to play kickball as a team. The importance of working together.

patterns.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S4.E1.4 Exhibits responsible behavior in independent group situations.

S4.E5.4 Exhibits etiquette and adherence to rules in a variety of physical activities.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S1.E14.4b Throws overhand to a partner or at a target with accuracy at a reasonable distance.

S1.E14.4a Throws overhand using a mature pattern in nondynamic environments (closed skills).

S1.E16.4 Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

6th PE A 10:30am - 11:15am

Kick ball

Playing kickball as a team. Working together as one. If it's

exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S1.E14.5b Throws overhand to a large target with accuracy.

S3.E2.5 Actively engages in all the activities of physical education.

S3.E4.5 Identifies the need for warm-up and cool down relative to various physical activities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E3.5 Gives corrective feedback respectfully to peers.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill

with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

S2.M10.6 Identifies open spaces and attempts to strike object into that space.

S2.M11.6 Identifies the correct defensive play based on the situation (e.g., number of outs).

Daugaard's Class
10:30am - 11:00am

Kickball

learning to play kickball as a team. The importance of working together.

Standards

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.



Standards

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

S1.E21.3b Uses a continuous running approach and kicks a stationary ball for accuracy.

6th PE B 10:30am - 11:15am

Kick ball

Playing kickball as a team. Working together as one. If it's nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social

nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S1.M2.6 Throws with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

S2.M10.6 Identifies open spaces and attempts to strike object into that space.

S2.M11.6 Identifies the correct defensive play based on the

abilities into physical activities and group projects.

S4.E5.5 Critiques the etiquette involved in rules of various game activities.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

6th PE B 10:30am - 11:15am

Kick ball

Playing kickball as a team. Working together as one. If it's nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and

S1.E21.3b Uses a continuous running approach and kicks a stationary ball for accuracy.

9th Health class B
11:15am - 12:00pm

Chapter 1 test

Go over study Guide and have test

Homework

Powerpoint on 1 of 6 categories of risk behaviors in teens

Standards

2.12.6 Evaluate the impact of technology on personal, family, and community health.

3.12.2 Use resources from home, school, and community that provide valid health information.

5.12.2 Determine the value of applying a thoughtful decision-making process in health-related situations.

1.12.6 Analyze the relationship between access to health care and health status.

3.12.1 Evaluate the validity of health information, products, and services.

3.12.3 Determine the accessibility of products and services that enhance health.

3.12.5 Access valid and reliable health products and services.

6.12.1 Assess personal health



behavior that respects self and others.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S1.M2.6 Throws with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

S2.M10.6 Identifies open spaces and attempts to strike object into that space.

S2.M11.6 Identifies the correct defensive play based on the situation (e.g., number of outs).

9th Health Class A
11:15am - 12:00pm

Chapter 1 test

Go over study Guide and have test

Homework

Powerpoint on 1 of 6 categories of risk behaviors in teens

Standards

situation (e.g., number of outs).

9th Health Class A
11:15am - 12:00pm

Chapter 1 test

Go over study Guide and have test

Homework

Powerpoint on 1 of 6 categories of risk behaviors in teens

Standards

2.12.6 Evaluate the impact of technology on personal, family, and community health.

3.12.2 Use resources from home, school, and community that provide valid health information.

5.12.2 Determine the value of applying a thoughtful decision-making process in health-related situations.

1.12.6 Analyze the relationship between access to health care and health status.

3.12.1 Evaluate the validity of health information, products, and services.

3.12.3 Determine the accessibility of products and services that enhance health.

3.12.5 Access valid and reliable health products and services.

6.12.1 Assess personal health practices and overall health status.

6.12.2 Develop a

dance activities.

S1.M2.6 Throws with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

S2.M10.6 Identifies open spaces and attempts to strike object into that space.

S2.M11.6 Identifies the correct defensive play based on the situation (e.g., number of outs).

6th Health A 11:15am - 12:00pm

Chapter 1 Study Guide/Test

Chapter 1 Study Guide on Monday and then Wednesday take the test.

Homework

Need to finish worksheet and then do 1-5.

Standards

8.8.2 Demonstrate how to influence and support others to make positive health choices.

7.8.2 Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.

6.8.2 Develop a goal to adopt, maintain, or improve a personal health practice.

4.8.1 Apply effective verbal and nonverbal communication skills

practices and overall health status.

6.12.2 Develop a plan to attain a personal health goal that addresses strengths, needs, and risks.

6th Health B 12:30pm - 1:15pm

Chapter 3 Building Character

We will start Chapter 3 building Character

Standards

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.8 Explain the influence of personal values and beliefs on individual health practices and behaviors.

4.8.2 Demonstrate refusal and negotiation skills that avoid or reduce health risks.

4.8.3 Demonstrate effective conflict management or resolution strategies.

5.8.1 Identify circumstances that can help or hinder healthy decision making.

5.8.6 Choose healthy alternatives over unhealthy alternatives when making a decision.

8.8.2 Demonstrate how to influence and support others to make positive health choices.

Rec Sports 2:35pm - 3:18pm



2.12.6 Evaluate the impact of technology on personal, family, and community health.

3.12.2 Use resources from home, school, and community that provide valid health information.

5.12.2 Determine the value of applying a thoughtful decision-making process in health-related situations.

1.12.6 Analyze the relationship between access to health care and health status.

3.12.1 Evaluate the validity of health information, products, and services.

3.12.3 Determine the accessibility of products and services that enhance health.

3.12.5 Access valid and reliable health products and services.

6.12.1 Assess personal health practices and overall health status.

6.12.2 Develop a plan to attain a personal health goal that addresses strengths, needs, and risks.

6th Health A 12:30pm - 1:15pm

Chapter 1 Study Guide/Test

Chapter 1 Study Guide on Monday and then Wednesday take the test.

plan to attain a personal health goal that addresses strengths, needs, and risks.

9th Health class B 11:15am - 12:00pm

Chapter 1 test

Go over study Guide and have test

Homework

Powerpoint on 1 of 6 categories of risk behaviors in teens

Standards

2.12.6 Evaluate the impact of technology on personal, family, and community health.

3.12.2 Use resources from home, school, and community that provide valid health information.

5.12.2 Determine the value of applying a thoughtful decision-making process in health-related situations.

1.12.6 Analyze the relationship between access to health care and health status.

3.12.1 Evaluate the validity of health information, products, and services.

3.12.3 Determine the accessibility of products and services that enhance health.

3.12.5 Access valid and reliable health products and services.

6.12.1 Assess personal health

to enhance health.

2.8.6 Analyze the influence of technology on personal and family health.

2.8.5 Analyze how messages from media influence health behaviors.

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.1 Examine how the family influences the health of adolescents.

6th Health B 12:30pm - 1:15pm

Chapter 1 Study Guide/Test

Chapter 1 Study Guide on Monday and then Wednesday take the test.

Homework

Need to finish worksheet and then do 1-5.

Standards

8.8.2 Demonstrate how to influence and support others to make positive health choices.

7.8.2 Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.

6.8.2 Develop a goal to adopt, maintain, or improve a personal health practice.

4.8.1 Apply effective verbal and nonverbal communication skills to enhance health.

2.8.6 Analyze the

Capture the ball

We will play capture the ball.

Standards

PE.3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S3.M9.8 Employs a variety of appropriate static stretching techniques for all major muscle groups.

S4.M1.8 Accepts responsibility for improving one's own levels of physical activity and fitness.

S4.M4.8 Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts.

S2.M10.8 Identifies sacrifice situations and attempt to advance a teammate.

S2.M6.8 Transitions from offense to



Homework

Need to finish worksheet and then do 1-5.

Standards

8.8.2 Demonstrate how to influence and support others to make positive health choices.

7.8.2 Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.

6.8.2 Develop a goal to adopt, maintain, or improve a personal health practice.

4.8.1 Apply effective verbal and nonverbal communication skills to enhance health.

2.8.6 Analyze the influence of technology on personal and family health.

2.8.5 Analyze how messages from media influence health behaviors.

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.1 Examine how the family influences the health of adolescents.

Schneiders class
1:15pm - 1:45pm

Kickball

We will be playing kickball this week. We will go outside if we can otherwise be in doors to play.

Standards

PE.1 The physically

practices and overall health status.

6.12.2 Develop a plan to attain a personal health goal that addresses strengths, needs, and risks.

Rec Sports 2:35pm - 3:18pm

Capture the ball

We will play capture the ball.

Standards

PE.3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S3.M9.8 Employs a variety of appropriate static stretching techniques for all major muscle groups.

S4.M1.8 Accepts responsibility for improving one's own levels of physical activity and fitness.

S4.M4.8 Responds appropriately to participants' ethical and unethical

influence of technology on personal and family health.

2.8.5 Analyze how messages from media influence health behaviors.

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.1 Examine how the family influences the health of adolescents.

Hoekman's Class
1:15pm - 1:45pm

Kickball

Learning to play kickball. We will kick a stationary ball and then move up to a moving one. Also learning to catch a ball.

Standards

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S3.E2.1 Actively engages in physical education class.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E5.1 Exhibits the established protocols for class activities.

S5.E2.1 Recognizes that challenge in physical activities can lead to success.

Rec Sports 2:35pm - 3:18pm

defense or defense to offense by recovering quickly, communicating with teammates and capitalizing on an advantage.

S2.M5.8 Reduces open space by not allowing the catch (denial) and anticipating the speed of the object or person for the purpose of interception or deflection.

S1.M5.8 Throws a lead pass to a moving partner or a dribble or pass.



literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S1.E14.5b Throws overhand to a large target with accuracy.

S3.E2.5 Actively engages in all the activities of physical education.

S3.E4.5 Identifies the need for warm-up and cool down relative to various physical activities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts,

behavior during physical activity by using rules and guidelines for resolving conflicts.

S2.M10.8 Identifies sacrifice situations and attempt to advance a teammate.

S2.M6.8 Transitions from offense to defense or defense to offense by recovering quickly, communicating with teammates and capitalizing on an advantage.

S2.M5.8 Reduces open space by not allowing the catch (denial) and anticipating the speed of the object or person for the purpose of interception or deflection.

S1.M5.8 Throws a lead pass to a moving partner or a dribble or pass.

weight room/ walking

Depending on the weather we will be walking in weight room work.

Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.



environments and facilities.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E3.5 Gives corrective feedback respectfully to peers.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E5.5 Critiques the etiquette involved in rules of various game activities.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

Rec Sports 2:35pm - 3:18pm

Capture the ball

We will play capture the ball.

Standards

PE.3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value



of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

S3.M9.8 Employs a variety of appropriate static stretching techniques for all major muscle groups.

S4.M1.8 Accepts responsibility for improving one's own levels of physical activity and fitness.

S4.M4.8 Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts.

S2.M10.8 Identifies sacrifice situations and attempt to advance a teammate.

S2.M6.8 Transitions from offense to defense or defense to offense by recovering quickly, communicating with teammates and capitalizing on an advantage.

S2.M5.8 Reduces open space by not allowing the catch (denial) and anticipating the speed of the object or person for the purpose of interception or deflection.

S1.M5.8 Throws a lead pass to a moving partner or a dribble or pass.

6th PE A

Soccer Skills



Dribbling the soccer ball with their feet around cones using inside, outside of their foot and passing it to a partner

Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.M9.6 Foot-dribbles or dribbles with an implement with control, changing speed and direction in a variety of practice tasks.

S1.M10.6 Shoots on goal with power in a dynamic environment as appropriate to the activity.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M5.6 Cooperates with a small group of classmates during adventure activities, game play or team-building activities.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S4.M7.6 Uses physical activity and



fitness equipment
appropriately and
safely, with the
teacher's guidance.