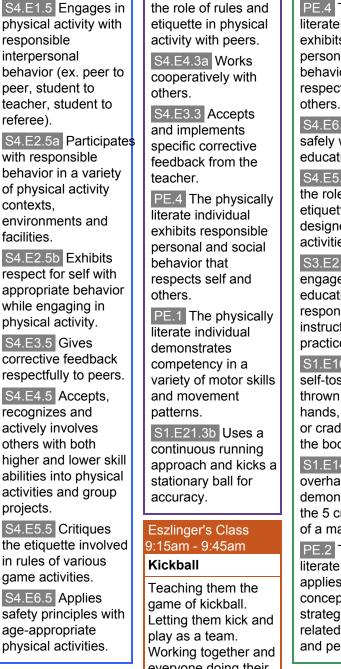


Monday	Tuesday	Wednesday	Thursday	Friday
09/30/2019	10/01/2019	10/02/2019	10/03/2019	10/04/2019
Geigle's Class	Wolff's and Lambert's	Lerdal's Class 8:15am	Lambert's Class	
8:15am - 8:45am	Class 8:15am - 8:45am	- 8:45am	8:15am - 8:45am	
Kickball	Kickball	Kickball	Kickball	
We will be playing		Learning to play	We will learn the	
kickball this week. We will go outside if	We will learn the concept of kicking a	kickball. We will kick a stationary ball and	concept of kicking a ball and catching a	
we can otherwise be	ball and catching a	then move up to a	ball	
in doors to play.	ball	moving one. Also	Standards	
Standards	Standards	learning to catch a	S5.E2.K Acknowledg	es
PE.1 The physically	S5.E2.K Acknowledge	es ball.	that some physical	
literate individual	that some physical	Standards	activities are	
demonstrates competency in a	activities are challenging/difficult.	PE.5 The physically literate individual	challenging/difficult.	
variety of motor skills	S4.E3.K Follows	recognizes the value	S4.E3.K Follows instruction/directions	
and movement	instruction/directions	of physical activity for	when prompted.	
patterns.	when prompted.	health, enjoyment,	S3.E2.K Actively	
PE.2 The physically	S3.E2.K Actively	challenge, self- expression and/or	participates in	
literate individual	participates in	social interaction.	physical education	
applies knowledge of concepts, principles,	physical education	S3.E2.1 Actively	class.	
strategies and tactics	class.	engages in physical	S4.E4.K Share	
related to movement	S4.E4.K Share	education class.	equipment and space with others.	
and performance.	equipment and space with others.	S4.E2.1 Follows the		
PE.4 The physically	S4.E1.K Follows	rules and parameters	S4.E1.K Follows directions in group	
literate individual exhibits responsible	directions in group	of the learning environment.	settings (ex. safe	
personal and social	settings (ex. safe		behaviors, following	
behavior that	behaviors, following	S4.E5.1 Exhibits the established protocols	rules, taking turns).	
respects self and	rules, taking turns).	for class activities.	S1.E21.K Kicks a	
others.	S1.E21.K Kicks a	S5.E2.1 Recognizes	stationary ball from a	
PE.5 The physically	stationary ball from a stationary position,	that challenge in	stationary position, demonstrating 2 of	
literate individual recognizes the value	demonstrating 2 of	physical activities can	the 5 elements of a	
of physical activity for	the 5 elements of a	lead to success.	mature kicking	
health, enjoyment,	mature kicking	Whipples Class	pattern.	
challenge, self-	pattern.	8:45am - 9:15am	S1.E16.Ka Drops a	
expression and/or social interaction.	S1.E16.Ka Drops a ball and catches it	Kickball	ball and catches it before it bounces	
	before it bounces	Teaching them the	twice.	
S1.E14.5b Throws overhand to a large	twice.	game of kickball.		
target with accuracy.		Letting them kick and	Hoekman's Class	
S3.E2.5 Actively	Swenson's Class	play as a team.	8:45am - 9:15am	
engages in all the	8:45am - 9:15am Kickball	Working together and everyone doing their	Kickball	
activities of physical		job.	Learning to play	
education.	learning to play kickball as a team.	Standards	kickball. We will kick	
S3.E4.5 Identifies	The importance of	S4.E2.2 Accepts	a stationary ball and then move up to a	
the need for warm-up and cool down	working together.	responsibility for	moving one. Also	
relative to various	Standards	class protocols with	learning to catch a	
physical activities.	S4.E5.3 Recognizes	behavior and performance actions.	ball.	
			Standards	



Whipples Class 8:45am - 9:15am

Kickball

Teaching them the game of kickball. Letting them kick and play as a team. Working together and everyone doing their job.

Standards

S4.E2.2 Accepts responsibility for

the role of rules and

everyone doing their job.

Standards

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and

S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Swenson's Class 9:15am - 9:45am

Kickball

learning to play kickball as a team. The importance of working together.

Standards

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S3.E2.1 Actively engages in physical education class.

S4.E2.1 Follows the rules and parameters of the learning environment.

S4.E5.1 Exhibits the established protocols for class activities.

S5.E2.1 Recognizes that challenge in physical activities can lead to success.

Wolf 9:15am -9:45am

Kickball

We will learn the concept of kicking a ball and catching a ball

Standards

S5.E2.K Acknowledges that some physical activities are challenging/difficult.

S4.E3.K Follows instruction/directions when prompted.

S3.E2.K Actively participates in physical education class.

S4.E4.K Share equipment and space with others.

S4.E1.K Follows directions in group settings (ex. safe behaviors, following rules, taking turns).

S1.E21.K Kicks a stationary ball from a



class protocols with behavior and performance actions.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Eszlinger's Class 9:15am - 9:45am

Kickball

Teaching them the game of kickball. Letting them kick and play as a team. Working together and everyone doing their job. others. S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of

the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Oschner/Harms Class 9:45am - 10:15am Kickball

Kickball as a team. They will play together as a group. Since we have two groups if we can go outside. The girls will play in one area while the boys will play in another.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

S1.E21.3b Uses a continuous running approach and kicks a stationary ball for accuracy.

Schneiders class 9:45am - 10:15am

Kickball

We will be playing kickball this week. We will go outside if we can otherwise be in doors to play.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

PE.4 The physically literate individual

stationary position, demonstrating 2 of the 5 elements of a mature kicking pattern.

S1.E16.Ka Drops a ball and catches it before it bounces twice.

6th PE A 9:45am -10:30am

Kick ball

Playing kickball as a team. Working together as one. If it's nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities. S1.M2.6 Throws

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Standards

S4.E2.2 Accepts responsibility for class protocols with behavior and performance actions.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S4.E6.2b Works safely with physical education equipment.

S4.E5.2 Recognizes the role of rules and etiquette in teacherdesigned physical activities.

S3.E2.2 Actively engages in physical education class in response to instruction and practice.

S1.E16.2 Catches a self-tossed or wellthrown large ball with hands, not trapping or cradling against the body.

S1.E14.2 Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern.

PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Daugaard's Class 9:45am - 10:15am Kickball

learning to play kickball as a team. The importance of working together. PE.4 The physically literate individual exhibits responsible personal and social

behavior that respects self and others.

S4.E1.4 Exhibits responsible behavior in independent group situations.

S4.E5.4 Exhibits etiquette and adherence to rules in a variety of physical activities.

S4.E6.4 Works safely with peers and equipment in physical activity settings.

S1.E14.4b Throws overhand to a partner or at a target with accuracy at a reasonable distance.

S1.E14.4a Throws overhand using a mature pattern in nondynamic environments (closed skills).

S1.E16.4 Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a nondynamic environment (closed skills).

S1.E21.4 Kicks along the ground and in the air, and punts using mature patterns.

6th PE A 10:30am -11:15am <mark>Kick ball</mark>

Playing kickball as a team. Working together as one. If it's

exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E14.5b Throws overhand to a large target with accuracy.

S3.E2.5 Actively engages in all the activities of physical education.

S3.E4.5 Identifies the need for warm-up and cool down relative to various physical activities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, environments and facilities.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E3.5 Gives corrective feedback respectfully to peers.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill 09/29/2019 - 10/05/2019

with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base). S2.M10.6 Identifies open spaces and attempts to strike object into that space. S2.M11.6 Identifies the correct defensive play based on the situation (e.g., number of outs).

Daugaard's Class 10:30am - 11:00am

Kickball

learning to play kickball as a team. The importance of working together.

Standards

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standards

S4.E5.3 Recognizes the role of rules and etiquette in physical activity with peers.

S4.E4.3a Works cooperatively with others.

S4.E3.3 Accepts and implements specific corrective feedback from the teacher.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

S1.E21.3b Uses a continuous running approach and kicks a stationary ball for accuracy.

6th PE B 10:30am -11:15am Kick ball

Playing kickball as a team. Working together as one. If it's nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback. S4.M6.6 Identifies

the rules and etiquette for physical activities/games and dance activities.

S1.M2.6 Throws with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

S2.M10.6 Identifies open spaces and attempts to strike object into that space.

S2.M11.6 Identifies the correct defensive play based on the abilities into physical activities and group projects.

S4.E5.5 Critiques the etiquette involved in rules of various game activities.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

6th PE B 10:30am -11:15am Kick ball

Playing kickball as a team. Working

team. Working together as one. If it's nice we will go outside.

Standards

PE.1 The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S3.M9.6 Employs correct techniques and methods of stretching. S4.M4.6 Accepts differences among classmates in physical development, maturation and

varying skill levels by providing encouragement and positive feedback.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and S1.E21.3b Uses a continuous running approach and kicks a stationary ball for accuracy.

9th Health class B 1:15am - 12:00pm

Chapter 1 test

Go over study Guide and have test

Homework

Powerpoint on 1 of 6 categories of risk behaviors in teens

Standards

2.12.6 Evaluate the impact of technology on personal, family, and community health.

3.12.2 Use resources from home, school, and community that provide valid health information.

5.12.2 Determine the value of applying a thoughtful decisionmaking process in health-related situations.

1.12.6 Analyze the relationship between access to health care and health status.

3.12.1 Evaluate the validity of health information, products, and services.

3.12.3 Determine the accessibility of products and services that enhance health.

3.12.5 Access valid and reliable health products and services.

6.12.1 Assess personal health



others.

stretching.

physical

providing

base).

space.



behavior that situation (e.g., respects self and number of outs). 9th Health Class A S3.M9.6 Employs 11:15am - 12:00pm correct techniques Chapter 1 test and methods of Go over study Guide S4.M4.6 Accepts and have test differences among Homework classmates in Powerpoint on 1 of 6 categories of risk development, behaviors in teens maturation and Standards varying skill levels by 2.12.6 Evaluate the impact of technology encouragement and positive feedback. on personal, family, and community S4.M6.6 Identifies health. the rules and 3.12.2 Use etiquette for physical resources from activities/games and dance activities. home, school, and community that 12:00pm S1.M2.6 Throws provide valid health with a mature pattern information. for distance or power 5.12.2 Determine appropriate to the the value of applying practice task (e.g., distance = outfield to a thoughtful decisionmaking process in home plate; power = health-related 2nd base to 1st situations. 1.12.6 Analyze the S2.M10.6 Identifies open spaces and relationship between attempts to strike access to health care and health status. object into that 3.12.1 Evaluate the validity of health S2.M11.6 Identifies the correct defensive information, products, and services. play based on the situation (e.g., 3.12.3 Determine number of outs). the accessibility of products and 9th Health Class A services that 11:15am - 12:00pm enhance health. Chapter 1 test 3.12.5 Access valid and reliable health Go over study Guide and have test products and services. 6.12.1 Assess Powerpoint on 1 of 6 personal health categories of risk practices and overall behaviors in teens health status. 6.12.2 Develop a

dance activities. S1.M2.6 Throws with a mature pattern for distance or power appropriate to the practice task (e.g., distance = outfield to home plate; power = 2nd base to 1st base).

S2.M10.6 Identifies open spaces and attempts to strike object into that space.

S2.M11.6 Identifies the correct defensive play based on the situation (e.g., number of outs).

6th Health A 11:15am

Chapter 1 Study Guide/Test

Chapter 1 Study Guide on Monday and then Wednesday take the test.

Homework

Need to finish worksheet and then do 1-5.

Standards

8.8.2 Demonstrate how to influence and support others to make positive health choices.

7.8.2 Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.

6.8.2 Develop a goal to adopt, maintain, or improve a personal health practice.

4.8.1 Apply effective verbal and nonverbal communication skills

practices and overall health status.

6.12.2 Develop a plan to attain a personal health goal that addresses strengths, needs, and risks.

6th Health B 12:30pm - 1:15pm

Chapter 3 Building Character

We will start Chapter 3 building Character

Standards

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.8 Explain the influence of personal values and beliefs on individual health practices and behaviors.

4.8.2 Demonstrate refusal and negotiation skills that avoid or reduce health risks.

4.8.3 Demonstrate effective conflict management or resolution strategies.

5.8.1 Identify circumstances that can help or hinder healthy decision making.

5.8.6 Choose healthy alternatives over unhealthy alternatives when making a decision.

8.8.2 Demonstrate how to influence and support others to make positive health choices.

Rec Sports 2:35pm -3:18pm

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Homework

Standards



2.12.6 Evaluate the impact of technology on personal, family, and community health.

3.12.2 Use resources from home, school, and community that provide valid health information.

5.12.2 Determine the value of applying a thoughtful decisionmaking process in health-related situations.

1.12.6 Analyze the relationship between access to health care and health status.

3.12.1 Evaluate the validity of health information, products, and services.

3.12.3 Determine the accessibility of products and services that enhance health.

3.12.5 Access valid and reliable health products and services.

6.12.1 Assess personal health practices and overall health status.

6.12.2 Develop a plan to attain a personal health goal that addresses strengths, needs, and risks.

6th Health A 12:30pm - 1:15pm

Chapter 1 Study Guide/Test

Chapter 1 Study Guide on Monday and then Wednesday take the test. plan to attain a personal health goal that addresses strengths, needs, and risks.

9th Health class B 11:15am - 12:00pm

Chapter 1 test

Go over study Guide and have test

Homework

Powerpoint on 1 of 6 categories of risk behaviors in teens

Standards

2.12.6 Evaluate the impact of technology on personal, family, and community health.

3.12.2 Use resources from home, school, and community that provide valid health information.

5.12.2 Determine the value of applying a thoughtful decisionmaking process in health-related situations.

1.12.6 Analyze the relationship between access to health care and health status.

3.12.1 Evaluate the validity of health information, products, and services.

3.12.3 Determine the accessibility of products and services that enhance health.

3.12.5 Access valid and reliable health products and services.

6.12.1 Assess personal health

to enhance health. 2.8.6 Analyze the influence of technology on personal and family health.

2.8.5 Analyze how messages from media influence health behaviors.

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.1 Examine how the family influences the health of adolescents.

6th Health B 12:30pm - 1:15pm

Chapter 1 Study Guide/Test

Chapter 1 Study Guide on Monday and then Wednesday take the test.

Homework

Need to finish worksheet and then do 1-5.

Standards

8.8.2 Demonstrate how to influence and support others to make positive health choices.

7.8.2 Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.

6.8.2 Develop a goal to adopt, maintain, or improve a personal health practice.

4.8.1 Apply effective verbal and nonverbal communication skills to enhance health.

2.8.6 Analyze the

Capture the ball

We will play capture the ball.

Standards

PE.3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a healthenhancing level of physical activity and fitness.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S3.M9.8 Employs a variety of appropriate static stretching techniques for all major muscle groups.

S4.M1.8 Accepts responsibility for improving one's own levels of physical activity and fitness.

S4.M4.8 Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts.

S2.M10.8 Identifies sacrifice situations and attempt to advance a teammate. S2.M6.8 Transitions from offense to



Homework

Need to finish worksheet and then do 1-5.

Standards

8.8.2 Demonstrate how to influence and support others to make positive health choices.

7.8.2 Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.

6.8.2 Develop a goal to adopt, maintain, or improve a personal health practice.

4.8.1 Apply effective verbal and nonverbal communication skills to enhance health.

2.8.6 Analyze the influence of technology on personal and family health.

2.8.5 Analyze how messages from media influence health behaviors.

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.1 Examine how the family influences the health of adolescents.

Schneiders class 1:15pm - 1:45pm

Kickball

We will be playing kickball this week. We will go outside if we can otherwise be in doors to play.

Standards

PE.1 The physically

practices and overall health status. 6.12.2 Develop a plan to attain a personal health goal that addresses strengths, needs, and risks.

Rec Sports 2:35pm -3:18pm

Capture the ball

We will play capture the ball.

Standards

PE.3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S3.M9.8 Employs a variety of appropriate static stretching techniques for all major muscle groups.

S4.M1.8 Accepts responsibility for improving one's own levels of physical activity and fitness.

S4.M4.8 Responds appropriately to participants' ethical and unethical influence of technology on personal and family health.

2.8.5 Analyze how messages from media influence health behaviors.

2.8.3 Describe how peers influence healthy and unhealthy behaviors.

2.8.1 Examine how the family influences the health of adolescents.

Hoekman's Class 1:15pm - 1:45pm

Kickball

Learning to play kickball. We will kick a stationary ball and then move up to a moving one. Also learning to catch a ball.

Standards

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S3.E2.1 Actively engages in physical education class.

S4.E2.1 Follows the rules and parameters of the learning environment.

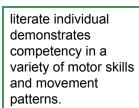
S4.E5.1 Exhibits the established protocols for class activities.

S5.E2.1 Recognizes that challenge in physical activities can lead to success.

Rec Sports 2:35pm -3:18pm offense by recovering quickly. communicating with teammates and capitalizing on an advantage. S2.M5.8 Reduces open space by not allowing the catch (denial) and anticipating the speed of the object or person for the purpose of interception or deflection.

defense or defense to

S1.M5.8 Throws a lead pass to a moving partner o? a dribble or pass.



PE.2 The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

S1.E14.5b Throws overhand to a large target with accuracy.

S3.E2.5 Actively engages in all the activities of physical education.

S3.E4.5 Identifies the need for warm-up and cool down relative to various physical activities.

S4.E1.5 Engages in physical activity with responsible interpersonal behavior (ex. peer to peer, student to teacher, student to referee).

S4.E2.5a Participates with responsible behavior in a variety of physical activity contexts, behavior during physical activity by using rules and guidelines for resolving conflicts.

S2.M10.8 Identifies sacrifice situations and attempt to advance a teammate. S2.M6.8 Transitions from offense to defense or defense to offense by recovering quickly, communicating with teammates and capitalizing on an

S2.M5.8 Reduces open space by not allowing the catch (denial) and anticipating the speed of the object or person for the purpose of interception or deflection.

advantage.

S1.M5.8 Throws a lead pass to a moving partner o? a dribble or pass.

weight room/ walking

Depending on the weather we will be walking in weight room work.

Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others. PE.5 The physically literate individual

recognizes the value of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction.

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environments and facilities.

S4.E2.5b Exhibits respect for self with appropriate behavior while engaging in physical activity.

S4.E3.5 Gives corrective feedback respectfully to peers.

S4.E4.5 Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects.

S4.E5.5 Critiques the etiquette involved in rules of various game activities.

S4.E6.5 Applies safety principles with age-appropriate physical activities.

Rec Sports 2:35pm -3:18pm

Capture the ball

We will play capture the ball.

Standards

PE.3 The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

PE.5 The physically literate individual recognizes the value

09/29/2019 - 10/05/2019

of physical activity for health, enjoyment, challenge, selfexpression and/or social interaction. S3.M9.8 Employs a variety of appropriate static stretching techniques for all major muscle groups. S4.M1.8 Accepts responsibility for improving one's own levels of physical activity and fitness. S4.M4.8 Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts. S2.M10.8 Identifies sacrifice situations and attempt to advance a teammate. S2.M6.8 Transitions from offense to defense or defense to offense by recovering quickly, communicating with teammates and capitalizing on an advantage. S2.M5.8 Reduces open space by not allowing the catch (denial) and anticipating the speed of the object or person for the purpose of interception or deflection. S1.M5.8 Throws a lead pass to a moving partner o? a dribble or pass.

6th PE A

Soccer Skills

09/29/2019 - 10/05/2019

Dribbling the soccer ball with their feet around cones using inside, outside of their foot and passing it to a partner

Standards

PE.4 The physically literate individual exhibits responsible personal and social behavior that respects self and others.

S1.M9.6 Footdribbles or dribbles with an implement with control, changing speed and direction in a variety of practice tasks.

S1.M10.6 Shoots on goal with power in a dynamic environment as appropriate to the activity.

S3.M9.6 Employs correct techniques and methods of stretching.

S4.M4.6 Accepts differences among classmates in physical development, maturation and varying skill levels by providing encouragement and positive feedback.

S4.M5.6 Cooperates with a small group of classmates during adventure activities, game play or teambuilding activities.

S4.M6.6 Identifies the rules and etiquette for physical activities/games and dance activities.

S4.M7.6 Uses physical activity and



fitness equipment appropriately and safely, with the teacher's guidance.